

**Partnership for a Healthy Durham – Physical Activity, Nutrition and Food Access Committee (PANFA)**

**Location: Zoom**

**Wednesday, November 8th, 2023**

**Zoom-9am**

Facilitated by: Scott Brummel, Krista Kicsak, Kat Combs

**Present:** Kat Combs, Krista Kicsak, Scott Brummel, Don Bradley (Duke), Ellis Morris (Duke), Kevin Ogbonna (Community member), Kelly Warnock (DINE), Hannah Rhodes (Keep Durham Beautiful), Raina Bunnag (DINE), Ileana Vink (DINE), Tricia Smar (Duke), Hannah Reynolds (City of Durham Transportation), Angel Romero Ruiz (Duke Population Health), Linnet Biswas (Durham County Department of Public Health Intern), Amber Taylor (DCoPH), Kristen Brookshire (DPS), Bria Miller (DCoPH), Catrina Lloyd (PHD), John Tallmadge (Bike Durham)

Project/Topic/Goal	Major discussion points	Action steps and responsible persons
<p><b>Introduction, Review Minutes, Announcements</b> (15 mins)</p>	<p>Name, organization, title, and icebreaker in chat.</p> <p>Icebreaker: What is one thing you are thankful for?</p> <p>Meeting minutes were approved.</p> <p>Racial Equity Training: Please email Krista (<a href="mailto:kkicsak@dconc.gov">kkicsak@dconc.gov</a>) that you are interested prior to registering. Phase 1 trainings occurring now through December 31st are available.</p> <p><b>Announcements:</b></p> <ul style="list-style-type: none"> <li>• Job opportunity at Duke Population Health Management Office. Clinical Dietitian – 212450. To see the posting for the positions listed below, visit the Duke HR website and search for the requisition number listed. We have other positions: nurses, health specialists, community health workers (Population Health care coordinators), etc.</li> </ul>	

	<ul style="list-style-type: none"> <li>● Durham Public Schools has lots of events on Nov 18, it is also DPS Showcase of Schools: <a href="https://www.dpsnc.net/Page/6867">https://www.dpsnc.net/Page/6867</a> For ALL schools, not just application program</li> <li>● Duke MBS is running a Thanksgiving food drive in the medical school for the NC Food Bank.</li> <li>● Thanksgiving Food Box Giveaway on Saturday, November 18th from 9-12 at Antioch Baptist Church, 1415 Holloway Street. Call or text Reverend Dr. Michael Page at 919.949.4022 to make donations or ask questions.</li> <li>● Chronic Conditions Leader Trainings are taking place on Wednesday &amp; Thursday November 13th, 14th, 20th, 21st. at the health department at 414 East Main Street. Participation in ALL days is required. Contact Willa Robinson Allen with any questions: <a href="mailto:wrobinson@dconc.gov">wrobinson@dconc.gov</a></li> <li>● Carolina Hunger Initiative will hold their 13th Annual Child Hunger Leaders Conference on Tuesday, February 27th 2024.</li> <li>● American Diabetes Association’s State of Diabetes Health Expo is Saturday, November 18th from 10am-3pm at Durham Tech.</li> </ul>	
<p><b>Small Breakout Groups &amp; CHIP Planning</b> (30 mins) Physical Activity Nutrition Food Access</p> <p><i>Do we want to do December’s meeting in person?</i></p>	<p><b>Physical Activity</b> Amber Taylor gave an update for Healthy Mile Trails (HMT). Last week’s trail clean up was postponed due to Durham Parks and Recreation (DPR) team being unavailable and low sign-ups. She is working with Krista to plan a future clean up and the date is still TBD. Ideally 12-15 people for each clean up is best, so that we have a spread across the paths and along each trail</p> <p>The separate physical activity workgroup will not be meeting until January due to the winter holidays.</p>	

Tricia Smar gave an update on what she learned from the city council meeting on the city council infrastructure bond update, which referenced a bond that has been on the docket since 2019. Javier won her seat, so the awareness will still be leveraged on the City Council. Post voting day, this could be a priority for 2024 for City Council members.

John Tallmadge (Bike Durham) announced that along with Durham Bike Co-op, located on Acadia St (back of Duke Park), will be building bikes for community members. They will need volunteers to help build the bikes and this will occur weekly, which will occur on Fridays from 3-7pm.

Along the Mangum to Roxboro corridor, Duke/Gregson neighbors are wanting to see changes in the street to make them more bike and pedestrian friendly. This will take both City Transportation and NCDOT (state transportation department)

Hannah Reynolds (City of Durham Transportation Planning) is working on a Walk Audit with the Durham Bicycle Pedestrian Advisory Commission (BPAC) next Tuesday in Braggtown. This is open to the public and will be on Zoom from 6-7:30 PM. *How can neighbors broaden the process and conversation?* Hannah is leading the engagement side with a consultant and will continue to keep this group in the loop. Durham transportation projects are on the NCDOT timeline, and there will be resurfacing in the Spring 2024, a time where it will be easier to do other projects along those same roadways.

### **School Nutrition**

The group reintroduced themselves individually. Ellie Morris works in supporting child nutrition and is happy to support and learn the environment and resources available through this group. Linnet is an intern with Durham County Department of Public Health and works alongside the DINE team where she can.

Link to the BPAC Education, Encouragement, Engagement Committee Meeting on Tuesday, 11/14 at 6pm (Zoom): <https://us02web.zoom.us/j/85333200325>

Raina and had a check-in with Linden Thayer (Durham Public Schools nutrition) and there was a discussion around CEP (community eligibility provision). Right now, about half of DPS schools participate with CEP even though the whole school district qualifies. Linden is on the agenda for the Board of Education and Board of County Commissioners meeting on November 17th at 9am. She will be presenting on all of the huge benefits they've found, both financially and health wise for the students. One of their analyses showed that DPS could bring in up to \$1.5 million if they were to all participate. DPS has been able to show positive outcomes from all students having free breakfast, even though DPS pays for those, so CEP would be great. This meeting is open to anyone who wants to go, there are a few advocacy groups going already like Durham CAN. The meeting location is: 511 Cleveland Street, Durham NC on the third floor.

The USDA has dropped CEP eligibility percentage (from 40 to 25) but that doesn't mean there is more money available.

This link can provide a lot of great education on CEP:

<https://frac.org/action/child-nutrition-reauthorization-cnr>

### **Food Access**

This group reintroduced their efforts to new members and discussed ongoing work with MEANS Database (Matching Excess and Needs for Stability) to bring food recovery practices to Durham.

Kelly Warnock is spearheading this work with Krista Kicsak and Scott Brummel in support. They are working to identify one to two schools in Durham Public Schools (DPS) that would be good fits for the pilot program. Kelly and Krista also met with folks from the Food Bank of Central and Eastern North Carolina to discuss this idea and ask for help in locating potential partners, as well as learn more about hot food donation, soup kitchens, and related work.

Board of Education/Board of County Commissioners meeting: Friday, November 17th at 9am. Location: 511 Cleveland St, Durham NC. (Fuller Building 3rd floor).

<b>Large Group Wrap-Up</b> (15 mins)		
<b>Next Meeting(s)</b>	PANFA Meeting Wednesday, December 13th from 9-10:30 am IN PERSON *PA workgroup meetings have been postponed until January 24th	Krista Kicsak ( <a href="mailto:kkicsak@dconc.gov">kkicsak@dconc.gov</a> ) will be sending out more information soon on the IN PERSON December meeting