

**Partnership for a Healthy Durham
Mental Health Committee
1/18/2024
Zoom**

Facilitated by: Valon Alford

Agenda Items	Major Discussion Points	Recommendations	Action steps and responsible persons
Icebreaker	How can we encourage growth & active participation in this committee? Please give one suggestion.		
Review Minutes from November			
Raven Brooks	<p>We offer our condolences to MH Committee Co-Chair, Raven Brooks, who is grieving the loss of her mother, Deborah Spencer.</p> <p>In lieu of flowers, Raven has requested donations be made to McConnell-Raab Hope Lodge</p> <p>https://raiseyourway.donordrive.com/index.cfm?fuseaction=cms.page&id=1228</p>		
Discuss MH Corner Topics			
Community Resiliency Model Trainings	<ul style="list-style-type: none"> ▪ Support of current cohort; check-in with members present. ▪ CRM planning committee 		
Jess Bousquette			
2024 Community MH Trainings Calendar/ Listserv	<ul style="list-style-type: none"> ■ In November, we discussed this committee leveraging connections to amplify trainings for community health workers, clinicians, and community members. ■ Please share upcoming trainings, points of contact for trainings, etc. 		

	<ul style="list-style-type: none"> ■ Do we know of Mental Health First Aid trainers? ■ QPR trainers? 		
Workplace Wellness	<ul style="list-style-type: none"> ■ Do we have any workplace wellness experts on or known to this committee? ■ Do committee members have tried and true best practices? 		
Announcements	<p>Hard Copies (English) of resource guides available to committee members, Jess Bosque, please let me know if you would like a copy. https://www.dcopublichealth.org/home/showpublisheddocument/38907/638210358470000000</p> <p>This guide, which was developed by the Durham County Department of Public Health and Together for Resilient Youth, lists:</p> <ul style="list-style-type: none"> • Providers of free and low-cost treatment, including medication-assisted treatment (MAT) • Harm reduction services such free sterile (unused) syringes and naloxone kits • Recovery and support groups • Housing options • HIV, Hepatitis C, and other STI testing and treatment services • Contact information for each service is provided. The publication also discusses tips for overdose prevention and survival, safer injection practices and wound care. <p>Webinar on Child & Youth Mental Health (Bria Miller) December 5, 2023 Webcast Recording Available https://www.nationalacademies.org/event/818_12-2023_hauser-webinar-series-improving-the-mental-health-and-wellbeing-of-children-and-adolescents-driving-factors-and-root-causes?utm_source=National+Academy+of+Medicine&utm_campaign=0e6b336406-EMAIL_CAMPAIGN_2023_11_30_08_42&utm_medium=email&utm_term=0_0e6b336406-%5BLIST_EMAIL_ID%5D</p>		
<p>Next meeting: Thursday, 2/15/2024 1:00 - 2:00 pm</p>			

