

**Partnership for a Healthy Durham
Mental Health Committee
2/15/2024
Zoom**

Facilitated by: Valon Alford

Attendees:			
Agenda Items	Major Discussion Points	Recommendations	Action steps and responsible persons
Icebreaker	<p>Rose, Thorn, Bud Share one thing that is going well for you (rose) Share one thing that isn't going so well (thorn) Share one thing that is positive and, on the horizon (bud)</p>		
Review Minutes from January			
Community Health Improvement Plan 2022-2024	<p>Overview of Mental Health Committee's Strategic Plan Discuss Current Priorities</p> <ul style="list-style-type: none"> • 988 • Workplace Wellness • Durham Public Schools • Practical/actionable ways employers can empower workers 		
Community Resiliency Model (CRM) Trainings	Overview and Update from Jess Bousquette		
Mental Health Awareness Month Planning	<ul style="list-style-type: none"> ▪ Durham ACEs and Resilience Taskforce Spring Mental Health First Aid Interest ▪ Committee MHFA Instructor Training ▪ Mental Health First Aide for Community ▪ Valon to meet with Layla Bluefort re. Youth MHFA ▪ QPR Training ▪ 8 Dimensions of Wellness ▪ PSA 	<p>https://www.linkedin.com/posts/laylabluefortmsw_so-from-now-through-june-i-am-in-a-position-activity-71564393389463470-08-6bbC?utm_source=share&utm_medium=member_desktop</p>	<p>DART Sign-Up https://forms.office.com/Pages/ResponsePage.aspx?id=owBqwQlWwEeywnLYY14019qzSXq-2GVPjj4bF0nkyMBUNTFGRIFPMlgyRVRERjIBMfK0RFdLSVhGVS4u</p>

2024 Community MH Trainings Calendar/ Listserv-	Discuss March Mental Health Corner Write-Up Volunteer? Bria Miller to share due date	Committee members to add to the Google doc throughout the month Updates to be discussed during meeting	https://docs.google.com/document/d/1tkV3ta8aRnuPtsA6QmhlTN-o-0nkGSOJ-yjJ4a3gN7EU/edit?usp=sharing
Announcements			
Next meeting: Thursday, 3/21/2024 1:00 - 2:00 pm			