

Durham County
Department of Public Health
(919) 560-7600 • DCoPublicHealth.org

Nutrition Counseling: (919) 560-7791

A dietitian or nutritionist will help you and your family learn about how food affects your health. They give advice on what to eat or how much to eat to manage a health condition or reach a certain health goal. Helpful for diabetes or high blood pressure.

Women's Health Clinic:

- **Family Planning:** (919) 560-7601
- **Prenatal:** (919) 560-7882

Healthcare service for women who might want to have a baby. It includes different things that happen before and after the baby is born. Women can get help with family planning. They can learn about different ways to prevent pregnancy, if they don't want to have a baby right now.

Breast & Cervical Cancer Control: (919) 560-7600

The program helps women who cannot afford to pay for breast and cervical cancer screenings and follow-up services.

Free HIV & STD Testing and Counseling: (919) 560-7601

Free, fast, and private testing for HIV, syphilis, chlamydia, and gonorrhea. They keep your information confidential, which means no one else is told about your test results without your permission.

Early Intervention Clinic: (919) 560-7726

If you or someone you know has HIV/AIDS, you can get medical and social work services help. This means that doctors and other healthcare workers can help you take care of your health, and social workers can help you with things like housing, employment, and other needs. It doesn't matter what stage of HIV/AIDS you're in; the clinic can help. The fees for services are based on Lincoln CHC rates, so they're affordable.

Refugee Health Clinic: (919) 560-7656

Immunization Program: (919) 560-7608

Helps keep you healthy by giving you vaccines. Vaccines are like medicine that can protect you from getting sick. Children are required to get certain vaccines, and adults can also get some vaccines for a fee.

Care Coordination for Children: (919) 560-7712

Help you follow up on things like doctor's visits, vaccines, and other important health check-ups for your children. They want to make sure your child is growing and developing properly.

Navigating Health Care

DukeWELL Care Management

(919) 660-WELL • DukeWELL.org

DukeWELL is a program that supports patients in managing their health and healthcare needs. We partner with you and your doctor to help you follow your care plan. We can connect with you on the phone or in person to provide support services that improve your chances of achieving your health goals.

Local Access to Coordinated Healthcare (LATCH)

(919) 613-6509 • DukeWELL.org/LATCH

Helps uninsured people in Durham County get access to healthcare services. The program offers free bilingual (Spanish/English) health services coordination and education services. This means they can help you find services such as primary care options, behavioral health care, disability assistance and community resources.

Health Equipment Loan Program (HELP)

(919) 748-1022

Offers free loans of medical equipment to people who live in Durham County. This equipment includes things like wheelchairs, walkers, shower chairs, and canes. You can use these items if you need them because of an injury or illness.



HEALTH CARE OPTIONS FOR THE UNINSURED & UNDERINSURED

Do you need Health Care? Not sure how to get help?

Medicaid

Medicaid is public health insurance for individuals with low income who can't pay for health care on their own. Medicaid helps individuals and families pay for services like going to the doctor, staying in the hospital, and getting medicine. It can also help with things like going to the dentist or seeing a therapist.



Apply for Medicaid in person at
Durham County DSS at 414 E. Main St.



Go online at EPASS.NC.gov



Call an Enrollment Broker at
(833) 870-5500

Health Insurance Marketplace

People without health insurance can enroll at the Health Insurance Marketplace from the Affordable Care Act (AKA Obamacare). With one application, you can compare free or low-cost programs.



Go online at NCNavigator.net.



To make a local appointment call
(855) 733-3711

Low Cost Medical Care

Lincoln Community Health Center

1301 Fayetteville St • (919) 956-4000 •
LincolnCHC.org

Helps people stay healthy by providing different types of medical care for adults, children, and families, as well as dental and mental health options.

They also offer services like lab tests, x-rays, and low-cost medicine. Lincoln works with most types of health insurance and will charge less money based on how much someone makes. If someone doesn't have insurance and doesn't earn much, they can still get help for a small fee. People with lower incomes can get even bigger discounts.

Transportation and interpreter services are available.

Satellite Clinics

- Holton Wellness Center • 401 N. Driver St., Suite 1106 • (919) 530-8210
- Lyon Park Clinic • 1313 Halley St. • (919) 536-4205
- Walltown Neighborhood Clinic • 815 Broad St. • (919) 416-1254
- Health Care for the Homeless Clinic • 412 Liberty St. (919) 808-5640
- John H. Lucas Wellness Center • 3727 Fayetteville St. (only for students)
- Lakewood PrimaryCare Clinic • 2020 Chapel Hill Rd, Suite 28 • (919) 813-4471
- Durham County Human Services • 414 East Main Street

They can help you with long-term illnesses, short-term sickness, and stay healthy. If you go to a Satellite clinic, you can get all the same services as the main Lincoln CHC, and they will charge you based on how much money you make.

Duke Outpatient Clinic

4220N. Roxboro Rd., 2nd floor • (919) 471-8344

Duke Outpatient Clinic is a place where adults with low incomes who live in Durham can get medical help. Doctors who specialize in internal medicine and women's health are available to provide care. There are also pharmacists, nurses, and social workers.

Samaritan Health Center English & Spanish

3205 University Drive, Suite 107 • (919) 407-8154

The clinic offers primary care, which includes things like check-ups and help with illnesses. They can also test your eyesight, check for HIV, and connect you with other programs that can help you get the care you need. The clinic asks for a \$20 donation, but you don't have to pay if you can't afford it (income below 300% FPL).

Benefits Counseling

Senior PharmAssist

406Rigsbee Ave., Suite 201 • (919) 688-4772

Helps individuals 60 and older better manage and pay for their medications, provides tailored community referrals, and Medicare counseling. For any Durham resident— regardless of age or income – to help them navigate their medical and prescription drug coverage options at no charge.

Duke Division of Community Health Benefits Enrollment Center (BEC)

(919) 681-7356

The BEC helps people who have Medicare and don't have a lot of money. They can help you find other programs that can help you, like SNAP (food), Medicaid (additional insurance), Medicare Savings Program (which helps with the cost of Medicare), Assurance Wireless and Safelink (phone services), dental assistance, and food pantries.

Family Planning

Planned Parenthood South Atlantic

105 Newsom St., Suite 101 • (919) 286-2872

Helps with birth control, emergency contraception, abortion referral, exams to check your body, testing for diseases, and HIV testing. They charge different amounts based on what you can afford.

“Be Smart” Family Planning

Apply online at ePASS.nc.gov or in-person at Durham County DSS at 414 E. Main St.

Medicaid program for FREE birth control, STI testing/ treatment, helps prevent unplanned pregnancies, and offers other reproductive health services. To qualify, a person's income has to be at or below a certain level, which is 195% of the federal poverty level. There are no age restrictions for this program and it is for both men and women.

Low Cost Medicine

NC MedAssist, Free Pharmacy Program

MedAssist.org • (866) 331-1348

Statewide free pharmacy program that provides prescription medications to uninsured, low-income patients. Patients must live in North Carolina, have no access to insurance, and meet certain income requirements.

This information is provided by the Access to Care Committee of the Partnership for a Healthy Durham and DukeWELL.

The Partnership for a Healthy Durham is a coalition of local agencies, organizations, community members, and leaders.

Our vision is that the people of Durham enjoy good physical, mental, and social health and well-being.

DukeWELL.org

(919) 660-WELL

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