

**Partnership for a Healthy Durham
Mental Health Committee
3/21/2024
Zoom**

Facilitated by: Valon Alford & Raven Brooks

Agenda Items	Major Discussion Points	Recommendations	Action steps and responsible persons
Icebreaker	Share a book, movie or song that has had a positive impact on your mental health and explain why.		
Review Minutes from February			
Identification of Durham MH Resources	The mission of the mental health committee is to increase mental health awareness and access to care. Our committee will identify organizations in/serving Durham residents by area of service/populations served.		
CHIP Mental Health Questions	Our committee will identify 2-3 questions for the upcoming Community Health Improvement Plan. What questions will help us understand the mental health needs of Durham residents?		
CRM Update	Have cohort members completed trainings? Support Needed? Impact? Next Steps?		
2024 Community MH Trainings	Schedule 2024 Mental Health Trainings Teen Mental Health First Aid May 16, 2024		

	Layla Bluefort, MSW Mental Health First Aid Instructor (Adult/Youth/Teen)		
Mindfulness Meet-Ups	Quarterly (In-Person) Opportunities to Fellowship and Process		
Announcements			
Next meeting: Thursday, 4/18/2024 1:00 - 2:00 pm			