

**Partnership for a Healthy Durham  
Mental Health Committee  
7/1/2025  
Zoom - Agenda**

**Facilitated by: Ashley Bass-Mitchell & Eboni Quick**

Agenda Items	Major Discussion Points	Recommendations	Action steps and responsible persons
<b>Icebreaker</b>	The Power of 8 Minutes Take a moment to check in with each other.	Group check in and intros	
<b>Review Meeting Minutes</b>	June 2025		Please review and let us know if we missed anything.
<b>Training Series</b>	Training Discussion – Next Steps	<ul style="list-style-type: none"> <li>○ Equip school nurses with mental health knowledge and tools               <ul style="list-style-type: none"> <li>▪ ASIST</li> <li>▪ CALM</li> <li>▪ CRM</li> <li>▪ overdose resources</li> <li>▪ Eboni will see what the nurses' capacity is for a summer training series</li> </ul> </li> <li>○ Teen mental health first aid               <ul style="list-style-type: none"> <li>▪ determine how we could get this in schools</li> <li>▪ identify teachers</li> </ul> </li> <li>○ Training at ReCity- July 16<sup>th</sup> 6-8</li> <li>○ Fall training series</li> </ul>	
<b>Mindful Meetups</b>	<ul style="list-style-type: none"> <li>○ Rock painting</li> <li>○ Identify a date</li> </ul>	○	
<b>CHIPs</b>	<b>Focus Areas</b>	<ul style="list-style-type: none"> <li>○ Create resource bank of self-care tools for individuals and supporters</li> <li>○ Work with JP to map existing mental health resources in Durham</li> <li>○ Define mental health- consider adding this as a question for listening sessions in the Fall.</li> </ul>	 Mental Health CHIPs 8.30.24.docx
<b>Community check-in &amp; Announcements</b>	<b>Updates</b>	To have information shared in the minutes please share information here <a href="#">Durham Community Announcements</a>	

**Next meeting August 5th, 2025**