



**Partnership for a Healthy Durham
Mental Health Committee
9/19/2024
Zoom**

Facilitated by: Valon Alford

Present:			
Agenda Items	Major Discussion Points	Recommendations	Action steps and responsible persons
Icebreaker <i>Valon Alford</i>	The Power of 8 Minutes	Collective check-in for 8 minutes. How are you doing?	 Day 2_ The Secret Power of the 8-Minut
CHIPs <i>Valon Alford</i>	<ul style="list-style-type: none"> Review objectives & strategies Discuss timeline for implementation 	<ul style="list-style-type: none"> Form workgroups based on objectives and strategies 	 Mental Health CHIPs 8.30.24.docx
Meeting Time Adjustment	<ul style="list-style-type: none"> October meeting will start new monthly day and time 	<ul style="list-style-type: none"> 1st Tuesday of the month at 1:00PM 	<ul style="list-style-type: none"> Co-Chairs will share new meeting zoom invitation for 10/8/2024
Announcements	<ul style="list-style-type: none"> Vitality Wellness Solutions PLLC FREE QPR Suicide Prevention Workshop 11/2/2024, Mebane, NC 	<ul style="list-style-type: none"> Register here https://forms.gle/mVhufrbv8b7eJhf88 	<ul style="list-style-type: none"> Donations welcome via cashapp (\$vitalitywspllc) Contact Valon Alford for questions: vitalitywellnesssolutions@gmail.com https://www.instagram.com/p/DAGX9trOeCX/?utm_source=ig_web_copy_link&igsh=MzRIODBiNWFIZA==
Next meeting: Tuesday, October 8, 2024 at 1:00PM EST			