


**Partnership for a Healthy Durham
Mental Health Committee
10/1/2024
Zoom**

Facilitated by: Ashley Bass-Mitchell

Present: Jess Bousquette, Bria Miller, Ashley Bass-Mitchell, Krista Kicsak, Wanda Boone, Bailey Igoe (Threshold Clubhouse), Susan Hertz, Amzen Johnson, Nakiya Smith, Jesse Battle (TROSAs)

Agenda Items	Major Discussion Points	Recommendations	Action steps and responsible persons
Icebreaker	The Power of 8 Minutes Take a moment to check in with each other.	Group check in and intros	
Previous Meeting Mins.	Attached to Meeting reminder The meeting minutes were approved.		Please review and let us know if we missed something
Next Steps	Form workgroups based on objectives and strategies Now the committee will determine how to implement the CHIPs. Bria showed the committee the scorecard and the CHIPs. . Discuss timeline for implementation	<ul style="list-style-type: none"> • Discuss the direction of where the group is going, • Break down process, • Discuss who needs to be at the table • Review Scoreboard Bria suggested sharing the trainings in the Partnership newsletter.	 <p>Mental Health CHIPs 8.30.24.docx</p> <p>Ashley will send out the CHIPs in a Word document following this meeting.</p>
CRM Updates		<ul style="list-style-type: none"> • 	
Mental Health Trainings	Discuss interested and available trainings Trainings <ul style="list-style-type: none"> • There will be lots of new CRM trainers in Orange County. • For the group most recently trained, one is integrating it in --- HEART team, YMCA, perinatal workers, NCCU class curriculum • How often should this committee offer training to the community? 	<ul style="list-style-type: none"> • ASIST • Takecare Peer training • Hifi Wrap • Looking for group suggestions on others 	

	<ul style="list-style-type: none"> ○ Twice per year- once in the fall and once in the spring. These can be open for the community. ○ If an organization wants something in particular, we can try to offer training. ○ Look for opportunities to partner with other groups offering trainings. <ul style="list-style-type: none"> ● MHFA training through DCoDPH and NC Counts Coalition. ● DART looking at setting up a more robust system for requesting training and having one point of contact for many trainers ● The committee can share the training opportunities provided by other organizations. ● Ask the City and County to post announcements. <p>The committee will have a training sometime in February-April. Try not to plan a training in May. Most people would like to do a training in March of 2025.</p> <p>Try to do the other training in October of 2025</p> <p>Nakia offered to partner with us to host one adult and one youth MHFA training in 2025.</p> <p>Plan selfcare for the committee members. This would involve our mindfulness meetups. We will revisit this in November.</p>		
<p>Announcements</p>	<p>Open floor announcements & Comments</p> <p>https://www.southernregionalahec.org/courses-and-events/73413/trauma-informed-care-healthcare-provider-conference</p>	<p>To have information shared in the minutes please share information here</p> <p>Durham Community Announcements</p>	<ul style="list-style-type: none"> ● Family Night out all over Durham ● Name Their Names -Lost Domestic Violence Tribute ● Medication Takeback this Saturday at Russell’s Pharmacy & Shoppe – Oct. 5th ● Domestic Violence Resource and Health Fair – Oct. 21 ● Cell Phone Drive – Through out Oct.

Next meeting:

Tuesday, September 5, 2024 at 1:00PM EST