


**Partnership for Healthy Durham  
Mental Health Committee  
3/3/2026  
Zoom - Agenda**

**Facilitated by: Eboni Quick & Ashley Bass-Mitchell**

Agenda Items	Major Discussion Points	Recommendations	Action steps and responsible persons
<b>Icebreaker</b>	The Power of 8 Minutes	<b>Group check-in &amp; intros</b>	
<b>Review Meeting Minutes</b>	January 2026	Review February 2026 Minutes	Please review and let us know if we missed anything.
<b>Training Series</b>	Training series – Next Steps -Recommendations	True Colors Training <ul style="list-style-type: none"> <li>• Updates</li> </ul>	
<b>Mindful Meetups</b>	Recap the mindful meetups	Ideas of next mindful meet up? <ul style="list-style-type: none"> <li>• Continue to brainstorm</li> </ul>	
<b>CHIPs</b>	<b>Focus Areas</b>	<ul style="list-style-type: none"> <li>• Discuss mental health questions for listening sessions.</li> <li>• Planning for Mental Health Awareness month.</li> </ul>	 Mental Health CHIPs 8.30.24.docx
<b>Community check-in &amp; Announcements</b>	<b>Updates</b>	Please feel free to share your upcoming community events.	To have information shared in the minutes please share information here  <a href="#"><u>Durham Community Announcements</u></a>
<b>Next meeting April 7, 2026</b>			