

**Partnership for a Healthy Durham
Mental Health Committee
6/20/2024
Zoom**

Facilitated by: Krista Kicsak and Marissa Mortiboy

Agenda Items	Major Discussion Points	Action steps and responsible persons
Icebreaker <i>Krista Kicsak</i>	<p>How did you celebrate the Juneteenth holiday?</p>	
Community Health Improvement Plans (CHIPs) <i>Marissa Mortiboy</i>	<p>Marissa shared with everyone the final results statement that was discussed at the last meeting, “All people in Durham County have access to quality, culturally affirming and affordable mental health services and social emotional support”, as well as the outline for the meeting. The team will look at data on possible population level indicators specific to Durham County, which will then lead the group to decide on indicators for the 2025-2027 CHIPs. Data is shared through the data summary sheet and members utilized Jamboard throughout the meeting.</p> <p>Marissa stressed the importance of data in understanding and improving community health and well-being, with a focus on mental health, substance abuse, and social vulnerability in Durham County. She talked through the data on suicide mortality rates and mental health indicators and noted the clustering of certain factors in the eastern and northern parts of the city. Kenton Spencer (DataWorks NC) asked if there was a definition of a 'mental health provider', highlighting the complexity of mental health needs in the community.</p> <p>Marissa, Kenton, and Victoria Mosey (Alliance Health) discussed the need to gather more data on non-medical means of mental health support, including support groups and peer support. They agreed to investigate the usage of these resources and consider reaching out to other partners for additional data.</p> <p>Marissa led a discussion to narrow down the list of potential indicators, emphasizing the importance of partnership representation and encouraging the team to actively contribute to the ongoing brainstorming effort. On the</p>	

Jamboard, Marissa asked participants to put a check-mark next to the indicators (on frame 2) that they would like the group to focus on for measuring success in the new CHIPS. Choices were:

- Unhealthy mental health days
- Vaping use
- Alcohol use
- Suicide mortality rate
- Access to mental health providers (which shows ratio of providers to patients)
- Social vulnerability

Indicators that received votes were:

- Unhealthy mental health days
- Access to mental health providers
- Social vulnerability

The group did discuss wanting to look at opioid use as an indicator, which will need further discussion, especially with where that data is available and if it is reliable and valid.

Marissa directed the conversation to frame 6 on the Jamboard, where members were to brainstorm what partners are missing from the table. This includes organizations working around mental health and any other stakeholders that should be included in CHIPS and the Partnership's work. Along with identifying partners, members were asked to write their name next to an organization/group that they could connect the group with. Marissa encouraged the team to involve anyone working in mental health, substance use, or related areas, and to consider non-traditional partners for their committees. She also asked members to suggest connections and note any gaps in their own network. Victoria, a team member, committed to reaching out to contacts for the HEART (Holistic Empathetic Assistance Response Team) Team, EMS (emergency medical services), and NAMI (National Alliance on Mental Illness), while also exploring potential contacts for Carolina Outreach and the Alliance of Disability Advocates. Marissa also emphasized the importance of community groups and asked the team to share any relevant information.

Krista agreed to create a general blurb for reaching out to potential partners and promised to share it early next week. In the next meeting,

Victoria to reach out to El Futuro, NAMI, and try to get contacts for Carolina Outreach and Alliance of Disability Advocates.

Kenton to provide contact for UNC Health clinics.

Krista to share a general blurb for reaching out to potential partner organizations.

	<p>Krista outlined that the focus would be on defining 2-3 objectives for each committee and planned for in-person working sessions to further discuss these objectives.</p>	
Next Meetings	<p>Thursday, July 18th at 1pm on Zoom https://us02web.zoom.us/j/83513355956?pwd=RUKyb0NObkFmSnpVaDJXRnV0a2FLUT09 Meeting ID: 835 1335 5956 Passcode: 169417</p>	