

**Partnership for Healthy Durham
Mental Health Committee
8/5/2025
Zoom - Agenda**

Facilitated by: Eboni Quick & Ashley Bass-Mitchell

Victoria Mosey, Ashley Bass-Mitchell, Eboni Quick, Bailey Igoe, Jasmine Johnson, Jacob Shomali, Elshona Hudson

Agenda Items	Major Discussion Points	Recommendations	Action steps and responsible persons
Icebreaker	The Power of 8 Minutes Take a moment to check in with each other.	Group check in and intros	The group enjoyed the mindful meetup
Review Meeting Minutes	July 2025	There were no edits to the minutes	Need to re-add Victoria Mosey to email list vmosey@alliancehealthplan.org
Training Series	Fall training series – Next Steps	Ashley discussed two main topics: a training series on supporting people affected by systemic changes, and additional training opportunities. She explained that the series would focus on understanding the impact of changes to programs like Medicaid and Supplemental Nutrition Assistance Program (SNAP) and mentioned that they had already shared information about Mental Health First Aid when it was available. Eboni suggested adding trauma-informed care trainings, while Bailey proposed a multicultural mental health training and highlighted a Substance Abuse and Mental Health Services Administration (SAMHSA) course called "Creating Safe Scenes" for mental health and substance use crises. Jacob recommended using the Durham Adverse Childhood Experiences and Resilience Taskforce (DART) website as a resource for trauma-informed training materials. https://www.samhsa.gov/technical-assistance/dtac/training/safe-scenes https://www.qualityinteractions.com/blog/cross-cultural-care-in-mental-health-depression-why-cultural-competency-training-matters	DART website is a good resource for trauma-informed information
Mindful Meetups	Recap the mindful meetups	Ashley discussed plans for the next mindful meetup, aiming to hold it quarterly and potentially replacing a regular meeting to increase engagement. Eboni and Jasmine agreed to the idea, and Jasmine suggested improving the signage for the venue to avoid confusion. The group plans to organize the next meetup in November, with	If additional meetups are held at the health department, make a greater effort that folks know what room it is being held

		<p>Ashley and her team looking into the list of suggestions from previous meetings and welcoming further input from participants. Ashley initiated a discussion about ensuring safety for attendees at mindfulness meetups, emphasizing the need for attendance records while being mindful of individuals' privacy concerns. Krista suggested involving Hispanic or Latino partners to enhance representation and safety, while Ashley agreed to consider broader community engagement. The group discussed allowing attendees to use hypothetical names for attendance, though Ashley clarified that full names would be required. They also explored ways to create a safe space for all participants and encouraged further input on safety measures.</p> <p>Eboni suggested organizing a "Who Are We?" informational event at the Health Department to increase awareness and participation from diverse cultures in the committee. She emphasized the importance of involving interpreters and clinic staff who have strong cultural connections with patients. Ashley agreed with the suggestion and expressed the need to share the partnership's activities and welcome more participants.</p>	
CHIPs	Focus Areas	<p>Ashley discussed the committee's focus areas, including working with school nurses and providing additional supports or resources. They are reaching out to JP Zitta at the health department to discuss mapping and plan a presentation to share information on achieving the mapping goal. Conversations are ongoing about providing mental health support in public housing settings, with potential collaborations with Department of Housing and Urban Development (HUD) and exploring the impact of these changes on mental health. The committee aims to be intentional with their actions and mindful of other areas they can address.</p>	 Mental Health CHIPs 8.30.24.docx
Community check-in & Announcements	Updates	<p>Ashley informed the group about multiple events happening this weekend in Durham, including a back-to-school event with The River Church and various community activities. She encouraged</p>	<p>To have information shared in the minutes please share information here</p>

		<p>everyone to get involved and share any additional information they had about resources for children.</p> <p>Eboni requested that anyone not receiving emails about events should contact her privately to ensure they stay informed. The conversation ended with a reminder to let the group know if anyone planned to attend any of the weekend events..</p>	<p>Durham Community Announcements</p>
<p>Next meeting September 2nd, 2025</p>			