

**Partnership for Healthy Durham
Mental Health Committee
7/7/2026
Zoom – Minutes**

Facilitated by: Eboni Quick

Present: Eboni Quick (DCoDPH), Bria Miller (DCoDPH), Lola B(LGBTQ Center of Durham), Patricia Khadijah Salaam (Communities in Partnership), Azmen Johnson (Duke Violence Recovery), Bala Nair			
Agenda Items	Major Discussion Points	Recommendations	Action steps and responsible persons
Icebreaker	The Power of 8 Minutes	Group check-in & intros Are you more of a beach person or tropical person and why?	
Review Meeting Minutes	May 2026	The meeting minutes were approved.	Please review and let us know if we missed anything.
Training Series	Training series – Next Steps -Recommendations	In May, there was a mental health awareness resource fair at 414 E Main St (Durham County Health Department) Walk with an expert	
Mindful Meetups	Next steps of the mindful meetups	There was a suggestion to create a toolkit with things you can do to reset when going from summer to fall in August or September. Rock Kindness Walk Location options • American Tobacco Trail • Solite Park • Whippoorwill Park • Edison Park • Woodlake Park • Body of water close to Double Tree The group will meet at the entrance of the American Tobacco Trail near the Harris Teeter on Highway 54. The group would like to do this in September. The group will get together on a Friday to paint the rocks. They will get together for a walk on the morning of Friday, September 18. Mindful Meetup-Rock Kindness Walk, September 18, 2026 at 9am @ American Tobacco Trail (Starting point-near Harris Teeter on Hwy 55, address will be provided)	

CHIPs	Focus Areas		 Mental Health CHIPs 8.30.24.docx
Community check-in & Announcements	Updates	• Communities in Partnership (CIP) has an expungement clinic in August. CIP has a food giveaway on the 3rd Friday of each month. They also have exercise classes for free in the community. • Durham Sheriff's Department is having an event with school supplies at the Durham Memorial Stadium in August. • Durham Rescue Mission is looking for people to come and pack school supplies. Azmen will email the information to Eboni.	To have information shared in the minutes please share information here Durham Community Announcements
Next meeting July 1, 2026			