

**Partnership for Healthy Durham
Mental Health Committee
5/5/2026
Zoom -
Minutes**

Facilitated by: Eboni Quick

Present: Sam Peterson, Bria Miller, Jennifer Allen, Azmen Johnson, Raven Brooks, Jasmine Johnson, Jennifer Rounds, Eboni Quick, Stephanie Grey, Asheley Bass-Mitchell

Agenda Items	Major Discussion Points	Recommendations	Action steps and responsible persons
Icebreaker		<p style="text-align: center;">Group check-in & intros</p> <p>We're making a group salad. What item are you bringing and why?</p> <ul style="list-style-type: none"> • Cranberries • Avocado • Cucumber • Hidden Valley ranch • Grapes • Dressings • Mixed greens • Spinach • Green peppers • Feta cheese • Grilled shrimp 	
Review Meeting Minutes	Meeting minutes	Review March 2026 Minutes	Please review and let us know if we missed anything.
Recap True Colors Training		<p>Those who attended the training had the following feedback:</p> <ul style="list-style-type: none"> • It was really good! • It was fun. • It was helpful to learn your colors and helped us to know what we need and what we need from each other. • Willa did a great job. • Wishes his partners from his office would've been there. 	
Mindful Meetups		<p>Ideas for Mindful Meetups</p> <ul style="list-style-type: none"> • Silent book club in a park • Kindness rock walk – create and place rocks with inspiring messages along the route • Outdoor sound bath with Willa • Meetup at Eddison Park 	

		<ul style="list-style-type: none"> • Aim to schedule activities in June • Possibility of collaborating with another group hosting a walk (NAMI is holding one in June) <p>Potential Location</p> <ul style="list-style-type: none"> • American Tobacco Trail (Food Lion parking lot, Solite Park, or Woodcroft access points) • Whippoorwill Park • Eddison Park <p>Potential Partner Organizations</p> <ul style="list-style-type: none"> • Durham Congregations in Action • Religious Coalition for a Nonviolent Durham • Faith Connections on Mental Illness • First Calvary Baptist Church <p>RCND- ben@nonviolentdurham.org</p>	
<p>Mental Health Awareness Month</p>		<p>The Mental Health Resource fair “what’s the 411?” is coming up. The event is scheduled for May 12 at the Human Services building 11am-2pm. The Mental Health Committee should try to host a table at a mental health fair. Ashley is teaching a class 11:30-12:30.</p> <p>If you want to have a vendor table use this link https://forms.gle/GT9bPnZsw1a2w1Sy5</p>	
<p>Presentation by Duke Research Group <i>Jen Allen</i></p>		<p>The Community-Partnered Research Network (CPRN) focuses on conducting research with communities rather than on them. Historically, researchers often entered a community, collected data, and then left to publish their work without collaborating with or involving community members. CPRN seeks to shift this dynamic by elevating and respecting community expertise. Its mission is to support and catalyze community-partnered and community-driven research and to translate that work into meaningful action that improves population health. The network brings together communities centered on shared health priorities and includes</p>	

		<p>executive leadership from DTCC, local churches, the Durham County Department of Public Health, El Centro, Discover Durham, Lincoln, THRIVE, Disability Rights NC, North Carolina Central University, and Duke University. Collaboration is based on each partner's capacity, and CPRN is distinguished by its community-led governance, equal-partnership model, and focus on local priorities.</p> <p>There are also opportunities for collaboration. When CPRN undertakes a project that lacks adequate representation from a particular community, they would like assistance connecting with individuals who can provide that community's voice. Ensuring diverse perspectives is a core priority. Additionally, she can explore whether there are any groups at Duke that may be able to help plan the walk.</p> <p>https://etsi.duke.edu/community/readi/cprn</p>	
Community check-in & Announcements	Updates	<p>Please feel free to share your upcoming community events.</p> <p>Stephanie would like to have a speaker on dementia.</p>	<p>To have information shared in the minutes please share information here</p>
Next meeting May 5, 2026			