

**Partnership for a Healthy Durham
Mental Health Committee Meeting
9/1/2026
Zoom - Minutes**

Facilitated by: Eboni Quick & Bria Miller

Present: Bria Miller, Eboni Quick, Patricia Khadijah Salaam, Azmen Johnson, Jennifer Allen, Liv Gladlin			
Agenda Items	Major Discussion Points	Recommendations	Action steps and responsible persons
Icebreaker	The Power of 8 Minutes	Group check-in & intros What's something you look forward to in the Fall? What can you do to make sure that happens?	
Review Meeting Minutes	July 2026		
Partner Updates		Share what your organization is doing related to mental health. - There are lots of health fairs coming up. Is there a way to partner with some of those events? Is there a 5k or city event the committee could join? - Eboni can share information about resource fairs and events happening in the community before committee meetings.	Connect with Bria if you would like mental health resource brochures for an event or an office.
Mindful Meetups	Reminder	The next Kindness Rock Walk is scheduled for Friday, September 18. The group will meet at the entrance of the American Tobacco Trail on Highway 54 (6319 Fayetteville Rd, Durham, NC 27713) at 9am. Please invite at least three people to join us for the walk. We have rocks that are already painted and we have blank rocks that can be decorated. Finalize details for painting rocks. Recruitment and sharing the flyer. Identify who will paint the rocks and when.	Jennifer will share the flyer. Liv will share the flyer with PANFA. Azmen will ask her youth group if they would be willing to paint the rocks. The group can meet to paint rocks in the courtyard of Durham County Department of Public Health Thursday, September 17 at 3:30pm.
Community Health Improvement Plans (CHIPs)	Focus Areas	Review CHIPs progress spreadsheet. Mental Health CHIPs - Document progress so far. - What can be accomplished now-April 2027.	
Community check-in & Announcements	Updates	Please feel free to share your upcoming community events.	
Next meeting October 6, 2026 1:00pm			

