

Partnership for a Healthy Durham – Physical Activity, Nutrition and Food Access Committee (PANFA)

Location: Zoom

Wednesday, April 8, 2026

[Zoom-9am](#)

Facilitated by: Kia Campbell

Present: Bria Miller, Kia Campbell, Jasmine St Denny, Megan Marquis, Ileana Vink, Najla McClain, John Tallmadge, Shannon Jackson, Jacquelyn Blackwell, Ellie Morris, Don Bradley, Angel Romero, Scott Brummel, Edeia Lynch, Kelly Warnock, Midori Brooks, Jessica Davidson, Marcus Hurdle, Chelsea Hawkins, Emma Vinella-Brusher, Belen Rogers

Project/Topic/Goal	Major discussion points	Action steps and Responsible Person(s)
Welcome & Icebreaker <i>Kia Campbell</i>	What's your ultimate fantasy lunch — any cuisine, any place in the world?	
Review March Meeting Minutes		
Share Listening Session Questions	What would make you want to get outside and moving your body in your neighborhood? Imagine a Durham where everyone has enough food that is good for their body, what would that look and feel like?	
Presentation from Strategic Engagement for Action and Transformation team <i>Najla McClain and Kelly Warnock</i>	Update on SEAT/PANFA's exploration on food security. As SEAT imagines what they would do to move forward, they decided to work with other committees to identify root causes of issues that starts by identifying gaps. The first topic was s on food security. They identified a decision making process, worked through a a 5 why why's process to develop a root causes statement, talked to key stakeholders by hosting interviews (compensated). The toolkit created involves identifying the problem, identifying who is already doing the work, educate ourselves, review the data, identify who is most impacted, identify who is already doing the work	I'd add NC Budget and Tax Center I work with Communities In Partnership this is my email midori@cipoed.org Durham Benefits Access group- Love from Breastfeed Durham chairs their SNAP/WIC/Medicaid work group NourishRx has a successful program in Wake County. Emma Vinella-Brusher, City of Durham Transportation 9:33 AM Any input from participants of the Senior Food Shuttle yet?

again after educating ourselves, propose and plan intervention, evaluate.

SEAT developed a decision making process to ensure that everyone's voices are included.

Defining the problem:

- Used 5 whys
- Why do 14% of Durham residents worry they will run out of food before they can get more.
- They went through five rounds of asking why and everyone in the meeting shared their thoughts on why those answers exist.
- It was a much longer process than they expected.

Root cause statement: 14% of people surveyed in Durham worry about running out of food due to the high cost of living, insufficient income, changing priorities, and lack of neighborhood resources. Durham relies on underfunded, often overworked groups of people to feed those most in need. Whole many communities, local planners, developers, investors, and industry professionals are working to address poverty and hunger, data shows that lack of nutritious foods and federal policies and interventions that are meant to facilitate equal treatment often fail.

Take out shifting due to national priorities.

SEAT created a survey and surveyed key informants in different sectors. They were given gift cards. They discussed the root cause statements and strengths and gaps in their community/ community they serve. They created a list of organizations working on the root causes of this

Ileana Vink 9:33 AM

Maybe Diaper Bank? They help with infant formula too

And do direct distributions in Durham Housing Authority neighborhoods and get a lot of good data there

Ellie Morris (she/hers) 9:33 AM

Families and Communities Rising (Head Start grantee)

Najla McClain 9:34 AM

•Do you want to get involved? Email us!

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•kwarnock@dconc.gov

•najla.mcclain@duke.edu

Belen Rogers, she/her, Food Bank CENC 9:34 AM

Cristo Rey High School?

problem. This is a living document. SEAT would love for folks to review, edit, and add to it.

<https://docs.google.com/spreadsheets/d/1VCBYxE17-lt3umTWYyu3MoCS0pDM0ul6dnXqTeEJ0HE/edit?pli=1&gid=0#gid=0>

PANFA can start sharing the root causes statement at the beginning of meetings and on their webpage.

Walk with an Expert
Edeia Lynch and Bria Miller

Edeia is a co-chair of the Access to Care committee. They are looking to collaborate with PANFA on Walk with a Doc. The Steering Committee would like to do Walk with an Expert to expand this.

Alliance Medical Ministry in Wake County did this right outside their clinic. They may be good to talk to.

Access to Care is inviting PANFA to the Access to Care meeting next Thursday at 9am.

Ideas for experts

- Walk with a dietician
- Walk with a social worker
- Walk with a food bank operator
- Hospital chaplains
- Clinic chaplains
- Physical therapists
- Root causes
- Master gardeners
- Farmers
- Arborists
- Host walks on healthy mile trails
- For dieticians, check with their contacts to see if others are doing this

My former team had a health educator that created a walking group for Spanish speakers (open to all). They walked around Duke University East Campus and at Walltown Community Center when the weather was not good for outdoor walking.

On the student track NCCU and Campbell both have programs with students regularly looking for opportunities to share and gain experience

Announcements

- Next Thursday, April 16 root causes is working with Akalaka. Theyre having an inclusive dinner for caregiving families. It will be at the integrative medicine unit at Duke 5:00-7:30.
- Master Gardener plant sale this Saturday 10-12!
<https://durham.ces.ncsu.edu/news/master-gardener-plant-festival-and-plant-sale/>
- Stamp out Hunger- people can put out non perishables and the post office will pick it up is May 9
- There is also a medication take back and free shredding event on Saturday April 25th from 10-2 at 406 Risgsbee Ave
- And Raina would want me to remind everyone that food security grant applications close next Friday the 17th
<https://durham.ces.ncsu.edu/durham-county-food-security/durham-county-food-security-grants/>
- There is a resource being created about how you can eat food past the expiration date printed. That is more about the texture than safety of foods.
- Flyer for our dinner:
<https://duke.is/RootCausesInclusiveDinner>

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| | <ul style="list-style-type: none">• One other event. OTC Medicind Giveaway and Community Event by Alliance Health and NC MedAssist. Friday April 24th from 9am-2pm at the River Church 4425 Ben Franklin Blvd. Open to all NC Residents | |
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