

Partnership for a Healthy Durham – Physical Activity, Nutrition and Food Access Committee (PANFA)

Location: Zoom

Wednesday, October 9th, 2024

[Zoom-9am](#)

Facilitated by: Scott Brummel, Kia Campbell, Krista Kicsak

Present: Kia Campbell, Krista Kicsak, Scott Brummel, Alex Hurdle, Angel Romero, Bria Miller, Elshona Hudson, Jacquelyn Beam Blackwell, Jeremy, John Tallmadge, Kat Combs, Kim Barrier, Kelly Warnock, Midori Brooks, Nicola Young, Raina Goldstein Bunnag, Rashad, Savannah Carrico, Shannon Jackson, Tania Dautlick, Tricia Smar, Tania Dautlick, Willa Allen, Carolyn Hinton, Javonna Rozario

Project/Topic/Goal	Major discussion points	Action Items and Responsible Person(s)
<p>Introductions, Announcements, Strategic Planning (15 minutes)</p>	<p>Announcements</p> <ul style="list-style-type: none"> • Communities in Partnership is hosting a Trunk or Treat at Maureen Joy Charter School on October 31st from 6-8pm. All are welcome to decorate their car or truck, or pass out candy for children, and costumes are encouraged but not required. Email Midori Brooks at midori@cipoed.org for more information. • Nate Baker (City Council) is working to adopt new street design guidelines aimed at making them safe for everyone to walk and bike. He has been starting conversations about how to build this into City Ordinances and it's on the work session agenda on Thursday. https://cityordinances.durhamnc.gov/OnBaseAgendaOnline/Meetings/ViewMeeting?id=663&doctype=1 • The City of Durham is working to put together their Vision Zero Action Plan by the end of year. The City and County are also working on a join bike and pedestrian plan. Both plans aim to increase safety of Durham streets and improve bikeability and walkability. 	

- The [Regional Metropolitan Planning Organizations](#), which includes the entirety of Durham County, is included in this plan for Vision Zero, to be finalized by May.
- The [Healthy Opportunities Pilot \(HOP\)](#), which allows for Medicaid to cover or reimburse for housing assistance, food, mechanic bills, etc., has a possible expansion into Durham in the future
- The Food Pantry Operators meeting is being held tomorrow, October 10th at 4pm. These meetings are held every 2nd Thursday and all are welcome
- Keep Durham Beautiful is working to establish the Durham Community Garden Network. The next event is October 17th at SEEDS from 5-6:30pm. <https://keepdurhambeautiful.wufoo.com/forms/m1yeccb80qusjnk/> More resources for community gardens here: <https://www.keepdurhambeautiful.org/community-gardens>
- Bike Durham's Move-a-Bull City event is on Sunday October 13th from 1pm-5pm at Durham Central Park. More details found at <https://bikedurham.org/moveabullcity-2024>
- Keep Durham Beautiful will continue hosting clean-up events throughout Durham in October for their Durham Big Sweep durhambigsweep.org

Strategic Planning

Kia Campbell and Scott Brummel, PANFA co-chairs, shared how PANFA's Community Health Improvement Plans (CHIPs) align with other City, County and community organizations' strategic plans, such as the [Durham Comprehensive Plan](#) and the Unified Development Ordinance (durhamnc.gov). As a committee, PANFA should try to align with all plans that share common values, and Scott and Kia encouraged all members to uplift any other plans that the committee should engage and align with.

	<ul style="list-style-type: none"> ○ Raina Goldstein Bunnag (Durham County Food Security Coordinator) suggested looking into Tri-COG Feeds, which research lists out some regional recommendations for local government to support food systems infrastructure 	
<p>Community Health Improvement Plans (CHIPs) Planning (45 minutes) Zoom Whiteboard</p>	<p>The group used the Whiteboard feature on Zoom to collaborate in three breakout groups: physical activity, nutrition, and food access. Members chose which group to join and worked together to identify when to work on each strategy over the rest of 2024 and through 2025.</p> <p>Nutrition</p> <ul style="list-style-type: none"> ● For the rest of 2024, the nutrition workgroup would like to 1) identify charter schools in Durham that are using Durham Public School (DPS) Good Food (nutrition) services, and 2) Identify the rest of the charter schools in Durham ● In Quarter 1 of 2025 (January through March), the workgroup wants to 1) identify three food distribution sites to work with and identify barriers to serving fruits and vegetables, and 2) reach out to schools and collect information about food service and who is used. They would also like to build a relationship with these schools, inform on what PANFA is doing, ask how they think PANFA can help and make changes, as well as what they would like to get out of the final survey. ● In Quarter 2 (April through June), the workgroup wants to continue working on the same strategy by working with the sites identified to develop strategies to increase fruits and vegetables ● In Quarter 4, the group aims to make the survey for charter schools <p>Physical Activity</p> <ul style="list-style-type: none"> ● For the rest of 2024, the group wants to 1) hold a kick-off meeting for the strategy of holding an Open Streets event, 2) work towards increasing 	

the visibility and participation in community walking groups throughout Durham, 3) continue working with organizations to enhance the built environment for kids to be active, 4) work towards installing the StoryWalk at Solite Park, and 5) work with the School Health Advisory Council at DPS.

- In Quarter 1 (January through March), the group would like to 1) work towards a campaign incentivizing physical activity, 2) continue working towards the Open Streets strategy, 3) continue engaging with Vision Zero plans, 4) start brainstorming walking groups, and 5) reach out to the transportation department regarding physical activity and safety signage
 - Tricia Smar, Javonna Rozario, and Willa Robinson Allen are open to working on this effort, along with looping in the Way to Go Program coordinator (Emma Vinella-Brusher) at the City.
 - Javonna Rozario will also help with the walking groups
- In Quarter 2 (April through June), the group wants to continue efforts on the campaign incentivizing physical activity
- WD Hill has an application out to build

Food Access

- For the rest of 2024, the group wants to 1) work towards expanding and improving the system of communicating food resources in the community and 2) work on searching and assisting in at least one grant application to share with food distribution sites
- In Quarter 1 (January through March), the group wants to 1) Explore opportunities to increase food access and culturally-relevant foods through grocery partners and research what is working in this area in other parts of the county, 2) engage

For Open Streets:

- Keep Durham Beautiful can help with any litter cleanup needed for event
- Contact Downtown Durham Inc. to learn how they have done Streetery events
- Krista will create an Asana project to share with John Tallmadge, and anyone interested in the work, to keep track of efforts in this project

	<p>with community members, organizations and neighborhoods to identify how to improve food security, and 3) increase the number of food donations recovered and overall pounds of food recovered through the food recovery program.</p>	
<p>Upcoming Meetings</p>	<p>Physical Activity Workgroup: Wednesday, October 23rd 9am-9:30am https://us02web.zoom.us/j/85613682116?pwd=UHR6ZmlEazdCQ2o0dnMyY0FtZkVIQT09</p> <p>PANFA: Wednesday, November 13th 9am-10am https://us02web.zoom.us/j/85953302971?pwd=T3didzRVM3dWbjBFMVBCYVZYbGFjUT09</p>	