

Partnership for a Healthy Durham – Physical Activity, Nutrition and Food Access Committee (PANFA)

Location: Zoom

Wednesday, February 11, 2026

[Zoom-9am](#)

Facilitated by: Kia Campbell

Present: Kia Campbell, Bria Miller, Ileana Vink, Adam Velez, Justin Walker, Gregor, Angel Romero, Kelly Warnock, Midori Brooks, Scott Brummel, Betty Quiroz, Bonita Green, David Barlow, Alex Hurdle, Nasim Youssefi, Raina Bunnag, Binta Watkins, Breana, Megan Marquis, Jovanna Rozario, Tricia Smar, Willa Robinson, Shannon Jackson, Emma Vinella-Brusher, James Keaton, Jocelyn Harvey, Jessica Davidson, Athan, Meghan Brown

Project/Topic/Goal	Major discussion points	Action steps and Responsible Person(s)
Welcome & Icebreaker	<i>Once you start a community project, how do you know it's time to stop and move on?</i>	
Review January Meeting Minutes	The meeting minutes were approved.	
The Purpose of PANFA: Who we are and what we do	<p>The Partnership, and its committees (to include PANFA), is a coalition of community organizations, non-profits, local government, community members, etc. working together to improve the health of those who live, work, and play in Durham County.</p> <p>PANFA is a diverse group of people coming together for a common cause. Everyone here is a volunteer except the coordinator. We are here to do work that will improve our community's health. This is a work group where we partner with each other.</p> <p>This coalition looks at community data and feedback to identify strategies.</p>	
In-Person Meeting Planning	PANFA plans to hold its next in-person meeting in March. That seems to work for people. The last in-person meeting in December was in collaboration with the food security network during the morning. The in-person meeting before that was in the	<p>Workgroups want to resume monthly meetings.</p> <ul style="list-style-type: none"> • 4th Wednesdays at 9 for physical activity

	<p>evening. Kia will send out a poll to see if the next one will be in the morning or the evening.</p>	<ul style="list-style-type: none"> • 4th Wednesdays in the afternoons for nutrition and food access • The next workgroup meetings will be on February 25th. The co-chairs will send out reminders and links.
<p>Breakout Rooms for Workgroups</p>	<p>Choose 2 Community Health Improvement Plans (CHIPs) to focus on in the next quarter.</p> <ol style="list-style-type: none"> 1. How can you contribute to this CHIP? 2. How does this CHIP impact you as a member of this community and your work? <p>Physical activity workgroup Need to identify a new workgroup time</p> <ul style="list-style-type: none"> • 1st Wednesdays at 9am • The workgroup will draft one question for the listening sessions • Planning for Move a Bull City • HMTs <ul style="list-style-type: none"> ○ There was a smaller group meeting about these and they did some walkthroughs, mapping, and additional signage. ○ Towards the end the focus was on how to bring it back to the community to ramp up community participation. • Walking groups • StoryWalks • Playscapes <p>Choosing two areas to focus on right now Healthy Mile Trails</p> <ul style="list-style-type: none"> • Some of the paint is fading on the trails. • Focusing on the HMTs will help us to hit several CHIPs. • What's next: focus on activating people. Community contractors did a survey to see 	<ul style="list-style-type: none"> • The workgroup needs to identify people from those neighborhoods willing to partner before installing trails. • Idea: add physical activity stencils to HMTs • Northgate Park community is a model for taking ownership for the park/trail- we could consider developing a toolkit along with those folks. Make a one-sheeter that goes over how to be involved with/in developing a resource in communities. • Kia is recruiting DINE to create a ¼ page food box insert (if anyone else is excited to work on this let me know)

how many people are using HMTs and how many people know about them. They also want to get a QR code at the end of each trail

- Based on your work, how can people ask community about their knowledge or use of HMTs?
- The underserved communities should be priority.
- The HMT in McDougald Terrace hasn't been redone since 2021.
- Northern Durham lacks physical activity opportunities.
- Durham GIS Maps where you can put an overlay to view sidewalks [#](https://maps.durhamnc.gov/?x=35.995601530648216&y=-78.90179719314568&z=9027.977411&r=0&b=11&a=-1&u=0&pid=NA&s=custom&l=sidewalkslayer)
- Consider partnering with communities that have parking lots at businesses and working with them.
- Another resource for looking at the need is the new Durham Bike and Walk Plan to see where sidewalks are planned: <https://engagedurham.com/DocumentCenter/View/790/Durham-BikeWalk-Plan-2026-Draft?bidId=>

Food Access/ Nutrition Workgroup

PANFA is making really good headway on the following strategies:

- Food Access #3- *(Search and assist in at least 1 grant application each calendar year for all pantries and food distribution sites as a*

whole) via work with the Everyone Eats Durham fundraiser

- Nutrition #3- *(Create at least 1 opportunity a year for organizations to work together to address nutrition challenges in the community)* via the World Hunger Day and Food Security Tour (for which a new grant has been written so it can continue)
- Nutrition #5 *(Compile a toolkit for pantries and distribution sites to use on how to cook seasonal produce and communicate demonstrations through email and social media; Create electronic and print materials that share tips on how to eat nutrient-dense foods affordable with local food distribution orgs and partners; share monthly)-* cookbooks have gone out to interested pantries, materials to make cooking demo toolkits for pantries are coming in
 - Related to this strategy, it was suggested that food pantry customers may benefit from a small simple handout explaining “sell by”, “use by” and “expiration dates” as there has been concern about food quality
 - Kia reached out to Jacquelyn Blackwell to assess pantry interest
 - Scott mentioned that Durham Community Fridges wants to increase the number of prepared meals the fridge is stocked with
 - A space for community cooking and meal prepping is being offered, and details should be available soon

- This could be focused on the recipes that are in the PANFA cookbook
 - Duke may have fridges and freezers available for pantry use (need to determine safety as they are coming from Duke research)
 - Jacquelyn Blackwell has been asked to gauge interest from pantries (We may also want to check with the food bank.) If there is interest, Scott Brummell will look further into it
- Food Access #6 (Increase the number of food donations recovered and overall pounds of food recovered through the food recovery program)
 - DPS is working with “Toward Zero Waste” (towardzerowaste.org) to reduce food waste- currently being reviewed by legal and awaiting Board approval
 - Will be piloted at two schools

Suggested Strategies to focus on (we will need to choose between):

- Nutrition strategy #5 (see above)
- Nutrition Strategy #1 (*Increase the number of fruits and vegetables served in at least 3 food distribution sites or pantries*)
 - Cooperative Extension is hosting a “Plant-A-Row” interest meeting on 2-23 about farmers providing to pantries
- Food Access #4 (*Expand and improve the system of communicating food resources we have in the community, specifically focusing*

	<p><i>on End Hunger Durham's food pantry list, leveraging the 211 platform, and the Durham Food Resource Map.) – Not much has been done with this one</i></p> <ul style="list-style-type: none"> • <i>Food Access #5 (Expand awareness and reach of cooking and gardening workshops held in the community through social media, email, and outreach)- lots to be done here</i> 	
<p>Announcements</p>	<p>Cooperative Extension is hosting a planter event, a community interest meeting connecting growers with food pantries.</p> <p>Duke Office of Community Affairs is cleared to do the Doing Good grant- people doing work around community health and the environment. Please share this opportunity with friends and family. https://www.grantinterface.com/Home/Logon?urlkey=ddaffairs</p> <p>The Hub Farm can be a place for a meeting in the future. Justin will share more information in the future.</p>	