

**Partnership for a Healthy Durham – Physical Activity, Nutrition and Food Access Committee (PANFA)**

**Location: Zoom**

**Wednesday, March 11, 2026**

[Zoom-9am](#)

Facilitated by: Kia Campbell & Sicily Johnson

**Present:** Sicily Johnson, Bria Miller, Kia Campbel, Michelle Eichinger, Ileana Vink, Ellie Morris, Tricia Smar, Carlee Nicoll, Alex Hurdle, Angel Romero, Kelly Warnock, Tia Nieves, Megan Marquis, Mike Peterson, Shannon Jackson, Chelsea Hawkins, Mexin Wang

Project/Topic/Goal	Major discussion points	Action steps and Responsible Person(s)
<b>Welcome &amp; Icebreaker</b> <i>Sicily Johnson</i>		
<b>Review February Meeting Minutes</b>		
<b>Introduction to Drafting Listening Session Questions</b> <i>Bria Miller</i>	The Partnership will hold listening sessions this Spring. We will reach approximately 150 Durham community members.	
<b>Breakout Rooms</b>	Each group will draft one physical activity question and one nutrition and food access question for the upcoming community listening sessions.  What things in your neighborhood would help you feel safe, comfortable, and/or motivated to walk or be physically active?  What is needed to help you or your neighbors to get exercise to be physically active in your neighborhood or community?  Thinking about your community, how do people currently get food and what could Durham do better to get food into the hands of those who need it?  What do you think are the biggest problems related to food security at the community level? Why do you think these exist? 9. How does the community address food insecurity? What resources are in place to avoid the problem if it doesn't exist? 10. What else could be done	

to improve the community's problems with food insecurity? 11. Who are the key players? 12. Are alternative food sources easily accessible and used in the community? What are they? Who organizes them? 13. Finally, I would like to focus on local food-related policies: 14. Are there any local ordinances or other policies that affect food production, distribution, and consumption? (e.g., zoning rules that affect supermarket development, food purchasing regulations for local schools or institutions, policies on the use of city-owned land for community gardens.

What do you think of when you think of a balanced meal?

Where do you receive nutrition/diet related advice? If so, where does that come from?

If you don not eat healthy food

What do you need in your neighborhood for you and your neighbors to get the physical activity you need?

What is needed to help you or your neighbors to get exercise or be physically active in your neighborhood or community?

Thinking about your community, how do people currently get food, and what could Durham do to better get food in to the hands of those who need it?

**Prompts for Voting and Whiteboard**  
*Kia Campbell*

<b>Announcements</b>		
----------------------	--	--