

scPartnership for a Healthy Durham – Physical Activity, Nutrition and Food Access Committee (PANFA)

Location: Zoom

Wednesday, April 9th, 2025

Zoom-9am

Facilitated by: Krista Kicsak, Kia Campbell, Scott Brummel

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| Attendees | Kia Campbell, Krista Kicsak, Raina Goldstein Bunnag, Scott Brummel, Ileana Vink, Bria Miller, Nicola Young, Kelly Warnock, Javonna Rozario, Samad Rangoonwala, Bobi Gallagher, Jasmine Burroughs, Tonia Hicks, Angel Romero, Tricia Smar, Tania Dautlick, Kat Combs, Shannon Jackson, Bre Van Velzen, Jacquelyn Beam Blackwell, Hannah Lane, Annamarie Pittman, Kim Barrier, Michelle Pendergrass, Meghan Brown | |
| Project/Topic/Goal | Major discussion points | Action steps |
| Welcome & Icebreaker (5 minutes) <i>Scott Brummel & Kia Campbell, Co-Chairs</i> | | |
| Debrief: SNAP Challenge (5 minutes) | <ul style="list-style-type: none">• Krista Kicsak and Raina Goldstein Bunnag shared about FRAC's SNAP challenge (Food Research and Action Center; Supplemental Nutrition Assistance Program), a three-day challenge for the general public to try and eat off \$6 a day, the average amount provided through SNAP to those who get benefits, to raise awareness about potential funding cuts• Raina and Krista shared their experiences and how challenging it was for them to succeed in spending just \$6/day on food and how important SNAP benefits are for those that need them• Ileana Vink shared how research has shown SNAP recipients eat just as healthy, if not healthier, than people without SNAP benefits | |
| Food Tour Updates (5 minutes) | <p>The Food Tour will be an opportunity to shed light on food security in Durham and highlight a few of the big partners in the work. Three Go Durham ACCESS buses will be taking participants around town to the various locations.</p> <ul style="list-style-type: none">• Date: Wednesday, May 28th• Limited spots are available• Some elected officials will be invited• More information will be sent out soon, including a finalized flyer | |

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| <p>Food Access Strategy 4 Discussion (15 minutes)</p> | <p>Some members working on food access strategies asked the larger group for suggestions on the following strategy:</p> <p><u>Food Access strategy 4</u>: “Expand and improve the system of communicating food resources we have in the community, specifically focusing on End Hunger Durham’s food pantry list, leveraging the 211 platform, and the Durham Food Resource Map”</p> <p>Suggestions from the group included:</p> <ul style="list-style-type: none"> • Posters, notecards, and flyers could be effective for sharing information <ul style="list-style-type: none"> ◦ Flyers can be especially beneficial on college campuses • Social media and use of shared hashtags <ul style="list-style-type: none"> ◦ What hashtags are used? • The way to disseminate information is dependent on age, so a multitude of avenues/platforms should be utilized • A lot of people get information via word of mouth, most of the information is going to come from a friend • Holding information stations at various pantries would be helpful; more volunteers would be needed for this to happen at all pantries • Utilize churches, parks and rec sites, and libraries <ul style="list-style-type: none"> ◦ Jasmine Burroughs can be a contact at Southside Church of Christ | |
| <p>Breakout Groups (25 minutes)</p> | <p>Nutrition/Food Access</p> <ul style="list-style-type: none"> • There is a group that would be interested in doing food demonstrations at pantries (are these the CES master food volunteers?) • DINE can do food demonstrations at pantries as long as they have 15 minutes with the clients • Drive thru pantries are still a great place to offer taste tests and accompanying recipes. They can be distributed as people stop to retrieve their food • Can PANFA help End Hunger Durham translate their website into additional languages? <p>Physical Activity</p> | <p>Krista will contact BPAC and PAC groups</p> <p>Krista will look into other groups and/or organizations that may be interested in signage related to ‘strange danger’ and safety</p> |

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| | <ul style="list-style-type: none"> Michelle Pendergrass with Durham Public Schools(DPS)/Safe Routes to Schools (SRTS) joined to talk about the strategy around placing safety signage around Durham. She discussed the new family responsibility zones (FRZ) at schools and wanting to do signage around this. FRZ were created at the start of the calendar year partly due to the shortage of bus drivers and they determine who can receive bus service and who needs to either walk/bike/roll to school or have family drop off Michelle thinks that this is a strategy that DPS can coordinate on with Other partners include Bicycle and Pedesrian Advisory Council (BPAC) and the various Partners Against Crime (PAC) groups. Krista has received a few potential contacts and will reach out to them Michelle also brought up the idea of safety messaging around 'Stranger danger'. SRTS doesn't feel like that's an appropriate avenue for them, so are there groups that work in a similar area that may have suggestions? Samad suggested looking into both FRZ and the high injury network, something that has come out of the Vision Zero Action Plan, to determine where signage could be useful There is federal funding available for a project like this. Tricia suggested overlapping the high injury network map with the FRZ map and piloting a project with SRTS. Tricia, Krista, and Michelle will discuss this further. What to put on signs include: <ul style="list-style-type: none"> Where to walk if there isn't a sidewalk Are there evidence based signs that have been seen to work on slowing down motorists or having them pay better attention to pedestrians? "Slow down, stay safe" | Ileana Vink will look into evidence-based transportation signage |
| Wrap-Up and Announcements | <ul style="list-style-type: none"> Keep Durham Beautiful is hosting a Harm Reduction Training 101 led by Durham County Department of Public Health. In person. Open to anyone, tonight 5-6:30. Register here. https://www.keepdurhambeautiful.org/events/2025/harm-reduction-training State legislators will be in Durham tonight at Durham Tech. RSVP: Durham Delegation Town Hall RSVP | |

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| | <ul style="list-style-type: none">• Breastfeed Durham is hosting a conversation on April 10th https://breastfeeddurham.org/events/join-us-in-durham-for-food-myths-that-divide/ | |
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