

Partnership for a Healthy Durham – Physical Activity, Nutrition and Food Access Committee (PANFA)

Location: Zoom

Wednesday, May 14th, 2025

[Zoom-9am](#)

Facilitated by: Krista Kicsak, Kia Campbell

Attendees: Krista Kicsak, Kia Campbell, Kelly Warnock, Raina Goldstein Bunnag, Domanique Richards, Jasmine St Denny, Benny Gunen, Ileana Vink, Meghan Brown, Nasim Youssefi, Sheccid, Tricia Smar, Shannon Jackson, Kim Barrier, Charisma Destiny, Javonna Rozario, Jacquelyn Beam Blackwell

Project/Topic/Goal	Major discussion points	Action steps
Welcome & Icebreaker (5 minutes)	Share some good news happening in May or any plans for Memorial Day	
Updates on Projects and from Partners (10 minutes)	<p>PANFA Updates</p> <ul style="list-style-type: none">• Food Tour The food tour will be held on Wednesday, May 28th from 8:30am-3pm. There is an optional Racial Wealth Gap simulation following. If interested, register here. If you plan to attend, there is also a waiver form that needs to be signed available in the registration link.• Playground stencils There are three upcoming dates for stenciling: Friday, May 16th at Lakewood Elementary School at 9:30am Saturday, May 17th at Hope Valley Elementary School at 9am Thursday, May 22nd at Old Orchard Park at 9am• Open Streets Save the date for Sunday, October 5th for Open Streets. If you or your organization is interested in being a vendor or providing programming, email Krista Kicsak. A flyer will be sent out in the near future• World Hunger Day Save the date: Sunday, June 8th from 3pm-6pm at Durham Central Park• Systemic Equity Action Team (SEAT) SEAT will be interviewing eight people that work in the space of food security and hunger relief. This will be done by June.	

	<p>Partner Updates</p> <ul style="list-style-type: none"> CVS bought out Oak Street Health, which has a new location next to Duke Regional Hospital. Oak Street Health works with adults on Medicare. Charisma Destiny is the Community Relationship Manager. If you'd like to table or do some type of coffee chat, they are more than happy to let that happen. They also host events, like Monday bingo, Wednesday coffee social, and Friday fitness events Charisma also shared about Note in the Pocket, which aims to help clothe children throughout the Triangle area <p>**Policy update: the House Agriculture committee, who oversees federal nutrition programs like Supplemental Nutrition Assistance Program (SNAP), has proposed \$290 billion cuts in funding, as well introducing additional qualifications and decreasing the benefits each family gets. As of 5/13, they have proposed an additional change by completely eliminating the SNAP-Ed program, which affects Durham's Innovative Nutrition Education (DINE) program and other programs across the country. More information on SNAP in North Carolina: https://frac.org/wp-content/uploads/SNAP_FactSheets_022525_NC34.pdf An overview of what the cuts could mean: Historic-SNAP-Cuts-Threaten-Families-States-and-the-Future-of-Food-Assistance.pdf</p>	
<p>Co-Chair Nominations (5 minutes)</p>	<p>It is time to nominate co-chairs! Anyone is eligible to be a co-chair, as long as they have been involved with the Partnership for at least one year. You can nominate yourself or another member, and Krista will reach out to anyone who has been nominated before they're placed on the ballot.</p> <p>PANFA co-chairs: https://www.surveymonkey.com/r/Y9KQRDC</p> <p>There is one seat available as Overall Partnership co-chair: https://www.surveymonkey.com/r/VG5ZTXQ</p>	
<p>Afternoon/Evening PANFA Calls Discussion (5 minutes)</p>	<p>The current member list for PANFA has about 200 people, but we normally see about 20-30 at monthly meetings. During last year's Community Health Improvement Plans (CHIPs) process, the group discussed the possibility of holding an interim meeting (frequency undecided) at a different time, most likely evening, to accommodate those</p>	<p>Krista will work on setting this up.</p>

	<p>that cannot attend mornings midweek and to allow for more community members to weigh in on this work.</p> <p>Today, we are looking to decide:</p> <ul style="list-style-type: none"> • Is this still something the group thinks should happen? • How often should they be held? • Should they be virtual or in person? • Other questions? <p>The group anonymously used a Mentimeter to provide feedback on this, and the consensus seems to be holding a quarterly meeting in the evening.</p>	
<p>Community Health Improvement Plans (CHIP)s Workgroups (20 minutes)</p>	<p>Participants had the opportunity to join one of two breakout rooms to have a general check-in about strategies.</p> <ol style="list-style-type: none"> 1) Food Access and Nutrition 2) Physical Activity <p>Link to tracking Excel</p> <p>Food Access and Nutrition</p> <p>There were a few new people at the meeting, so some time was spent catching them up with the CHIPs process and what the committee is currently working on. A few general updates were made to the tracking excel and Kia Campbell, co-chair, asked participants to double-check the strategies they are listed under and reevaluate if they can help with them or the amount they have signed up for.</p> <p>Updates:</p> <ul style="list-style-type: none"> • Work is being done with Durham Tech's food pantry to get leftover/donated produce from farmers at the Black Farmers Market • The DINE team has been sharing their programming (i.e. cooking demos) on social media in April and May • Kia shared a list of food pantries that are interested in receiving materials on how to eat nutrient-dense foods <p>Physical Activity</p> <ul style="list-style-type: none"> • Relating to transportation/safety signage: Krista was invited to a Trinity Park Neighborhood Association meeting on Wednesday 5/7 	<p>Krista will get the contact list from Kia and start working on reaching out</p>

	<p>to talk with neighbors about the strategy and get input. The community there is interested in additional signage for yielding to pedestrians and being cautious around crosswalks. Some of the roads are North Carolina Department of Transportation (NCDOT) owned, which may limit what the committee can do, but Krista has contacted the Vision Zero coordinator to discuss this.</p> <ul style="list-style-type: none"> ○ Ileana Vink had a great reminder to engage with more communities that are not as affluent as places like Trinity Park ● Campaigns to incentivize physical activity: there was a lot of great feedback from the participants of the March wellness challenge, many of which asked when the next one would be. The group started discussing when to plan another, and it was suggested to hold another campaign around the time Open Streets is occurring (October) <ul style="list-style-type: none"> ○ Incorporating more social support should be an aim of the next campaign ○ It should connect to free opportunities in the community for people to be physically active 	
Wrap-Up (5 minutes)		