

Partnership for a Healthy Durham – Physical Activity, Nutrition and Food Access Committee (PANFA)

Location: Zoom

Wednesday, June 10, 2026

Zoom-9am

Facilitated by: Kia Campbell

Present: Kia Campbell, Bria Miller, Ileana Vink, Shannon Jackson, Elim Lee, Angel Romero, Elshona Hudson, Raina Goldstein Bunnag, Tricia Smar, Tanya Best, Reagan Yates, Mehan Marquis, Chelsea Hawkins		
Project/Topic/Goal	Major discussion points	Action steps and Responsible Person(s)
Welcome & Icebreaker	Though the work continues, for a lot of members the fiscal year is coming to a close. And, in moments when it feels like there is still so much more to do, sometimes it's important to recenter around the 'why'. What would you want our community and the coalition to know about you?	
Review May Meeting Minutes	May minutes were reviewed and approved.	
Co-Chair Nominations and Elections	Nominations: https://www.surveymonkey.com/r/2RDN9KB	
Update on Surveys	Co-chairs want to learn more about who is on the PANFA listserv and how PANFA can better connect with folks. Kia sent the survey out last week and 20 people have completed it so far. Results so far show that people like having both in-person and virtual meeting options. There are no updates on Walk with an Expert yet and Kia has shared information from last month's meeting with Edeia Lynch/Access to Care since the committee will be collaborating with them on this project.	
Breakout Rooms for Workgroups	Participants were able to choose which group they joined a breakout room for from the following options: Physical Activity or Food Access and Nutrition.	

Groups were asked to discuss the following:

1. Reflect on the progress your workgroup has made on CHIPs
2. Discuss what you want to work on from here

Physical Activity Workgroup

- They've been working on strategies related to walking groups and Healthy Mile Trails (HMTs). Shannon Jackson and Jovanna Rozario met with folks from Hayti and Lincoln areas to clean up the HMT there and they plan to table about these opportunities.
- The 2026 Move-a-Bull City event will be on October 4. They will be asking for community vendors this summer.
- *Matter of Balance*, a falls prevention class, will be provided by Tricia Smar's team at Duke. They will have classes at different libraries throughout Durham.
- John Tallmadge suggested piloting the idea of Walk with an Expert at Open Streets in October.

Food Access and Nutrition Workgroup

- The food system assessment has begun. This will collect Durham data on food access and community. There will be an event this Saturday.
- Angel Romero shared that Duke is moving to the FindHelp platform, instead of using NCCARE360. FindHelp is a national platform used by several health systems and can be used by community members and community-based organizations <https://www.findhelp.org/food/meals--durham-nc?postal=27703>. Angel can do a demo at an upcoming meeting if the group is interested.

	FindHelp is a good platform for food access/food insecurity resources to be referred to.	
Announcements	The Food Security Network will not meet today. The next meeting will be in person the week of June 22. Next Wednesday 6/17, Shannon Jackson is hosting a hot car event at the Hope Valley YMCA. Those present will include the director of Safe Kids NC and the Durham Fire Chief, among many others. This event is to remind people the importance of not leaving their children in the car.	Nominate yourself or someone else for co-chair PANFA here: https://www.surveymonkey.com/r/2RDN9KB