

Partnership for a Healthy Durham – Physical Activity, Nutrition and Food Access Committee (PANFA)

Location: Zoom

Wednesday, June 12th, 2024

[Zoom-9am](#)

Facilitated by: Krista Kicsak, Jess Bousquette

Present: Kat Combs, Scott Brummel, Jess Bousquette, Angel Romero, Kia Campbell, Kelly Warnock, Susannah Savage, Belen Rogers, Richard Jiang, Midori, Tita Nieves, Sitara Kumar, Elshona Hudson, Shannon Jackson, Bria Miller, Krista Kicsak, Macklyn Mosley, Kristen Brookshire, John Tallmadge, Jacquelyn Beam Blackwell, Pauline Bagatelas, Lakesia Farmer

Project/Topic/Goal	Major discussion points	Action steps
<p>Welcome (10 minutes)</p>	<p>Co-chair introductions and launch of voting</p> <p>Angel Romero, Kia Campbell, and Scott Brummel have been nominated, and accepted nominations, to be co-chair of PANFA for 2024-2025. Each nominee provided a 5-7 sentence bio prior to the meeting and each spoke for about one minute, stating their interest and each also supports voting for other nominees.</p> <p>Angel Romero: “I am grateful to be nominated to serve as PANFA co-chair. My current job, program Coordinator for Community Partnerships at the Duke Population Health Management Office, involves seeking food resources for my care management colleagues and engaging in Durham County Initiatives. I am an advocate for pedestrian and cyclist safety at the County level and as part of my northern Durham Neighborhood Association. With a strong dedication to fostering relationships, I actively develop and sustain connections with community-based organizations and various agencies, have a deep engagement in development of NCCARE360 best practices, and have even been a professional medical interpreter and translator. I have also served as co-chair of both Access to Care and Communications committees within the Partnership for a Healthy Durham.”</p> <p>Kia Campbell: “I have been part of PANFA (ODAFa) since 2017- working mainly with the school meals sub-group. I have played a role in many of the school meals initiatives such as making food bid recommendations, promoting school meals during COVID shutdowns, and creating a FAQ handout to educate families about school meals. I was part of the original leadership team for the Durham Food Security Network during COVID and handled most of the communications out to the group. I appreciate that PANFA is a community effort and partnership, and value what I have learned from being part of this collaboration. Because of my experience and dedication to this group, I think I would be a good fit for co-chair”</p> <p>Scott Brummel: “I am the Assistant Director for Food and Nutrition Security within Duke’s Office of Community Health. In this role, I collaborate with Duke and community partners to work towards sustainable food and nutrition solutions for</p>	<p>Take the survey here: https://www.surveymonkey.com/r/W53TJF7</p>

	<p>Duke patients, students, staff and the community. I am also the Program Manager for the Fresh Produce Program (FPP) at Root Causes, striving to address the social drivers of health. At the beginning of the Pandemic, I joined Root Causes and immediately helped pivot FPP from in-clinic distribution to a fully volunteer-driven delivery model, now serving over 400 families. As co-chair, I would look forward to helping PANFA continue to serve as a beneficial platform for passionate community members to gather and collaborate on ambitious, informed, and effective health strategies that enable all folks in Durham to have healthier lives our shared community. I would also look forward to helping coordinate PANFA's next year with the guidance of the Partnership's Systemic Equity Action Team as we take on year one of our new PANFA Community Healthy Improvement Plans."</p>	
<p>Community Health Improvement Plans (CHIPs) <i>Jess Bousquette, Adverse Childhood Experiences (ACES) Coordinator, Facilitator</i></p> <p>https://jamboard.google.com/d/1dRkx8vWkVjARud8ScoACsHuxGk4FrqMXJ7eKQ2Q4Teg/viewer?f=0</p>	<p>Krista shared the results statement and population level indicators that the group voted on since last meeting.</p> <p>The results statement with the most votes is: In Durham County, all people, particularly those who are historically marginalized or at or below median income level have equitable access to affordable, healthy, and culturally appropriate food, and safe and accessible environments for physical activity.</p> <p>Indicators that received votes to be used to measure success over the next three years are:</p> <ol style="list-style-type: none"> 1. Food insecurity 2. Vegetable consumption 3. Fruit consumption 4. Physical inactivity 5. Violent crime/safety 6. Access to a park 7. Walkability index 8. Limited access to healthy foods <p>Three breakout groups were created to cover the following items:</p> <ol style="list-style-type: none"> 1) Understand data of chosen indicators 2) Identify partners we need at the table <p>The group used this Jamboard link to work on during the meeting: https://jamboard.google.com/d/1dRkx8vWkVjARud8ScoACsHuxGk4FrqMXJ7eKQ2Q4Teg/viewer?f=0</p> <p>Data on chosen indicators, as well as other helpful data, can be found here: https://docs.google.com/document/d/1nwInxmWsOOQK59yvqquBQWVFKsNpWabZACam_HpTuQ4/edit</p>	

<p>Understanding the Data on Indicators</p>	<p>Questions to help drive discussion:</p> <ul style="list-style-type: none"> • If we continue with what and how we are doing, what will our data look like? • What did or did not work? • What contributed to influencing the data in the last 3 years? <p>Food Access</p> <ul style="list-style-type: none"> • Rent has increased • Free public transportation access to get to grocery stores • Double Bucks access and other multipliers <p>Nutrition</p> <ul style="list-style-type: none"> • Can we use the data related to high schools to focus on child fruit and vegetable consumption? • We have focused nutrition specific to child nutrition, not adults <ul style="list-style-type: none"> ○ It is very difficult to change adult behavior related to nutrition • Idea for moving forward: support school meals however we can and focus on increasing fruit and vegetable consumption of students <p>Physical Activity</p> <ul style="list-style-type: none"> • There seems to be a limited reach for physical activity in Durham in respect to demographics/the diversity of Durham • Walkability index, violent crime/safety, access to a park: these indicators are hard to make change in related to PANFA. It might make more sense to focus just on physical inactivity and relate objectives to these other indicators 	
<p>Identify Partners Needed at the Table</p>	<p>The group split into the same three breakout groups to brainstorm:</p> <ul style="list-style-type: none"> • Who isn't at the table who should be to make change? • Who isn't at the table who we should be intentional about collaborating with? • Action planning for how to do outreach <p>Some of the groups/people/organizations suggested:</p> <ul style="list-style-type: none"> • Communities in Partnership • Food Security Coordinator • The Buldega • Durham Co-Op • Grocery stores • Urban ministries • Farmer Foodshare • Mutual Aid groups, like Feed Durham, Community Fridges • Durham Congregations in Action monthly food meet up • Meals on Wheels 	<p>If you have any connections to these groups, as well as others, please let us know if you can help us bridge the gap!</p>

- Downtown Durham Inc.
 - Kelly Warnock, Macklyn Mosey can work on this connection
- Durham Congregations in Action (DCIA) Food Congregation
- Durham Tech
- Believers United for Progress
- Faith-based organizations
 - Jacquelyn Blackwell can work on this connection
- Kind Kitchen Group
 - We have this connection :)
- NCCU staff, like admin, public health department
- County and City Transportation departments
- Lincoln Community Health Center
- City of Durham Neighborhood Improvement Services
 - Kristen Brookshire can work on this
 - Macklyn Mosely works here
- Parents
- Latina organizations
 - Keep in mind these meetings are in English only
- Think of compensation for participation

Group Wrap-Up

Next steps: brainstorming objectives and what we want to do over the next three years! Bring your creative brains. Krista and Bria will work on scheduling in-person work sessions for all Partnership committees.

Partnership Quarterly Meeting: July 26th from 11am-2pm IN PERSON at the Health and Human Services building (414 E Main Street)

Next PANFA meeting: July 10th 9am-10am.

<https://us02web.zoom.us/j/85953302971?pwd=T3didzRVM3dWbjBFMVBCYVZYbGFiUT09>