Partnership for a Healthy Durham – Physical Activity, Nutrition and Food Access Committee (PANFA)
Location: Zoom
Wednesday, August 12, 2026
9am-10am

Facilitated by: Sicily Johnson

Present: Meghan Brown (co-chair, DINE), Sicily Johnson (co-chair, Kind Kitchen Group), Liv Gladlin (PANFA Specialist), Bria Miller (Partnership for a Healthy Durham Coordinator), Tricia Smar (Duke Adult Injury Prevention), Bonita Green (Merrick-Moore CDC), Ellie Morris (NC Childcare Health and Safety Resource Center), Shannon Jackson (Duke Pediatric Injury Prevention), Raina Goldstein Bunnag, Mike Peterson (BCBS), Kia Campbell (community member, Everyone Eats Durham), Don Bradley (Duke School of Medicine/Duke Margolis Institute for Health Policy), Jasmine St Denny (DINE), Scott Esko Brummel (Community Health at Duke/Root Causes), Jessica Davidson (DINE), Alli Powell (MSW intern with DCIA), Harini Ilamurugu (Look What Grows and private chef), Alex Hurdle (Durham Parks and Rec), John Tallmadge (Bike Durham), Bre Van Velzen (DCIA), Javonna Rozario (Health Ed), Jacquelyn Blackwell (End Hunger Durham), Adam Coshal (MSW intern with DCIA), Bernadette Greene (Breastfeed Durham)

Meeting Goals:
- Reintroductions
- Set meeting cadence
- Set workgroups

Key Documents:
- https://docs.google.com/spreadsheets/d/13wW2lWNlXgkXdXZQdun4K3XlliFXsa12/edit?usp=sharing&ouid=117069245294620497197&rtpof=true&sd=true

Project/Topic/Goal	Major discussion points	Action steps and Responsible Person(s)

Welcome & Community-Building (10 mins)	• New co-chair introduction: Meghan Brown's first meeting as co-chair!
	• PANFA reintroductions
	  ○ Name
	  ○ Organization (if applicable)
	  ○ Your interest in PANFA	

Update on mini-grants - (10 min) Liv	PANFA Specialist shared information about the Mini Grant process. • 25 applications were submitted • Applications were reviewed by a panel that included co-chairs from each of the other Partnership committees; no one involved in PANFA was on this panel. • Eight grantees selected and funded in full at about $5,000 each: ○ Believers United for Progress	All applicants, others if relevant: Please reach out to Liv (ogladlin@dconc.gov) with feedback about your experience with the grantmaking process.

	○ Bike Durham ○ Breastfeed Durham ○ Center for Senior Life ○ Communities in Partnership ○ G.R.A.B. NC ○ Kind Kitchen Group ○ The Way Forward Foundation	

Next meeting (5 min) - Chef Sicily	• Please mark the change:
	  • Wednesday, November 11th PANFA meeting rescheduled- Veterans Day
	  • Wednesday, November 4th 9-10am - **in-person**
	  • Co-chairs asked for suggestions for in-person locations
	  • Space offered at Durham Congregations in Action (DCIA), ReCity, Durhamite Building, Cooperative Extension
	  • Co-chairs will send out more information
	  • Snacks will be provided
		Co-chairs: secure location for in-person meeting and inform Committee.

Meeting cadence confirmation (5 min) - Meghan	Co-chair reminded group of existing schedule, asked for input on availability for work group meetings or desire to reschedule
	• PANFA Committee meetings: 2nd Wednesday of each month, 9:00-10:00
	  ○ Zoom link: https://us02web.zoom.us/j/85205848400?pwd=acRr6iFRUk4BaexAoRoZvbPQaIbNlb.1
	• Physical Activity Work Group meetings: 4th Wednesday of each month, 9:00-10:00
	  ○ Zoom link: https://us02web.zoom.us/j/86112578373?pwd=eC8Pub7ZDRvalUYFaLnpMxwbaMHa8b.1
		All PANFA members: complete the poll with your availability for regular work group meeting times: https://forms.gle/suAoskVFLfpcRsaR8

	• Nutrition and Food Access Work Group meetings: 4th Wednesday of each month, 1:30-2:30
	  ○ No existing Zoom link
	• Notes
	  ○ Chef Sicily will lead Physical Activity work group, Meghan will lead Nutrition and Food Access work group, though they may shuffle
	  ○ Firearm Safety Committee also meets 4th Weds 9-10am so folks involved in both can't always come
	  ○ Also difficult to make it to both work groups if they're on the same day
	  ○ Will send out poll with minutes to select alternative times (or recommit to existing times)	

Co-lead volunteers (10 min)- Chef Sicily	• The group is accepting volunteers to co-lead the two subcommittees; main responsibility = creating agenda and facilitating work group • Time commitment: attend PANFA meetings as possible, attend planning meeting with co-chairs and PANFA specialist	All PANFA members: consider whether you'd be willing to step up to lead a work group. Reach out to Chef Sicily, Meghan, or Liv with questions.
Breakout rooms (10 min)	Participants chose to join the Physical Activity workgroup or Nutrition and Food Access workgroup	
Recap of breakout rooms (5 min) - Meghan	**PA group** • Tricia Smar is looking for indoor walking space to host group walks. The group suggested considering Fabletics, Costco, Counting House and linking walks to Third Friday • A new Healthy Mile Trail (HMT) will be installed at Durhamite • The group wants to consider installing HMT at Museum of Life and Science **Nutrition and Food Access**	

	• The group discussed how they have historically tracked progress and planned action, what to use going forward	
Announcements (5 mins) – Chef Sicily	• National Child Passenger Safety Month: free car seat check event on September 26th at Fire Station 18, 6919 Herndon Rd from 9am-1pm • Move-A-Bull City volunteer sign-up: Volunteer — Move-A-Bull City • Duke's Building Healthy Communities grant program is being revamped. In two weeks, they will announce an interim funding opportunity offering $1000-15,000 • North Carolina Crunch is on October 21: North Carolina Crunch - Growing Minds • DCIA's resource guides are now in Spanish AND Arabic: dcia.org/guides	All interested: Reach out to Ellie Morris with interest in collaborating on engaging childcare programs to participate in NC Crunch All members: share out the opportunity to volunteer at Move-A-Bull City on October 4th— and we'd love to have you, too! Volunteer — Move-A-Bull City