

**Partnership for a Healthy Durham
Systemic Equity Action Team (SEAT)
Zoom**

**July 23, 2024
10:30am-11:30am
Agenda**


Objectives

- 1) Keep google doc up to date and active: "[Racial Equity Principles in Action](#)":
- 2) Increase awareness about policies and procedures responsible for current inequities
- 3) Strategize and design ways to keep RE Principles core to Partnership work


Facilitators: Najla McClain, Kelly Warnock & Bria Miller

Present: Najla McClain, Krista Kicsak, Bria Miller, Kelly Warnock, Adam Velez, Don Bradley, Kia Campbell, Kimberly Alexander, Angel Romero, Scott Brummel, Dr. Wanda Boone		
Project/Topic/Goal		Recommendations and Action Steps
<p>Welcome & Check-in Current Events</p> <p><i>Najla McClain Kelly Warnock</i></p>	<p>Meeting starter: Share the most recent partner, organization, book, training, website, or person you've learned from related to equity? What was impressive about them, is there a way to pull them into this work?</p> <ul style="list-style-type: none"> • Community Health Improvement Plan meeting last week. Spoke with James Davis from the City of Durham. He would be good in this group. • Mutual aid organizations- Community Fridges, Bagging it for Kids. Thinking beyond grants and identifying assets and ways that people can come together. • Panel discussion of three Black men in healthcare and their professional experience and their experiences as patients. • Connecting Community at Re-City. One person was interpreting for English speakers. First, a person led an exercise class, and they were inclusive of those with physical disabilities. • UNC communities of color in times of COVID. Reporting on results of a photovoice project. 	<p>Racial Equity Principles in Action"</p>

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	<ul style="list-style-type: none"> • Video about a trail race in Vermont. It is the first ultrarace in the world to recognize or reward those with visual or other limitations. • Unprisoned television show shows the challenges that folks have g • Day of Dignity at a local Islamic center. Applying for a grant. <p>Ongoing: Reminder about RE principles – have you noticed any application of principles to celebrate since last month @ work, within community, home?</p>  <p>Partnership Racial Equity Principles</p> <ul style="list-style-type: none"> •Cultivate community power and leadership •Transform inequitable systems using justice and accountability •Operationalize internal equity •Connect our humanity •Admit language and history matter <p>Partnership for a Healthy Durham</p> <p>Please send organization’s logo for inclusion on the updated website by Friday, July 26th</p>	
<p>Review Minutes <i>All</i></p>		
<p>SEAT’s process for Participatory Decision Making <i>Kelly</i></p>	<p>Now that we’ve created and agreed to a review process. As a team, how do we agree to make decisions and move to next steps in timeline. Video: Consent: decision-making in sociocracy</p>	<p>Kelly will write up the process.</p>

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	 <p>SEAT Toolkit to Close the Gaps last updatec</p> <p>Najla sent out a video with a decision-making process about a week prior to this meeting.</p> <ul style="list-style-type: none"> • The proposal is made • Round robin to make sure that it is clear • Express anything participants want the group to know • Share what you want • Agree or disagree • Come to a consensus <p>What do folks think about using this process?</p> <ul style="list-style-type: none"> • Najla likes it • Scott likes it and would like a one-sheeter that outlines the process. • Is there a way to quickly get folks up to speed who may not have been a part of the process? Do a one-minute refresher at the beginning of each meeting. Maybe share a graphic of the process. 	
<p><i>Introduction and Welcome to PANFA Cochairs</i></p> <p><i>Esko Brummel Kia Rahman</i></p>	<p>The results statement- In Durham County, all people, particularly those who are historically marginalized or at or below median income level have equitable access to affordable, healthy, and culturally appropriate food, and safe and accessible environments for physical activity</p> <p>Indicators- changes in food insecurity, physical inactivity, fruit and vegetable consumption especially in youth population.</p> <p>Potential objectives- building connectivity within communities around food access, increase percentages of residents meeting physical activity guidelines.</p>	

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At the next meeting- work to narrow down the objectives and identify strategies.

Much of the time in PANFA meetings is devoted to workgroup meetings: physical activity, nutrition, and food access.

Nutrition- opened more free meals at school. Increase in fruit and vegetables in DPS meals. Considering broadening the scope for school nutrition to accessing healthier food for everyone.

Food access- Food Recovery: Wholesome food that is uneaten and is rescued, donated, or redistributed to feed people. This pathway includes food from across the food supply chain, from produce gleaned from farm fields to shelf-stable goods at a grocery store to extra meals prepared at a cafeteria.

Access to meetings and opportunities to participate in the conversations.

Physical activity- focused on physical activity. The number one type of physical activity is walking. We have healthy mile trails, working on more of those. Now are waiting on stencils in Spanish. The font on the new stencils is easier for people with visual impairments to see. Also working on StoryWalks- children can read stories as they walk. Keeping equity in mind as they install them. Find spaces that are appropriate and have diversity. Are including Spanish language books. Walking programs, having materials in Spanish, working with school advisory programs

PANFA has done a lot of work on identifying who else is involved in the work.
<https://jamboard.google.com/d/1dRkx8vWkVjARud8ScoACsHuxGk4FrqMXJ7eKQ2Q4Teg/viewer?f=10>

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<p>Toolkit for Closing the Gaps – Step 1: defining problem statement (5 whys)</p> <p>Najla</p>	<p>Working with PANFA Co Chairs decide</p> <ul style="list-style-type: none"> - Do we define a problem for each work group or work one at a time <i>Physical Activity, Nutrition, Food Access work groups</i> <p>Question for co-chairs- what strategy are they incorporating equity into? Physical activity- focus on specific demographics? Working with another committee? Working with Communications to meet the people they are trying to reach. Mental Health-if you can eat and what you eat has major impacts on mental health.</p> <ul style="list-style-type: none"> • Scott would like to work on communicating their information to a broader audience. • Kimberly thinks that putting all three of these issues together is too much. • We probably need three separate approaches for the three issues. • Angel- it would be good to review some of the results from the CHA. There were disparities and gaps in the county-wide survey and the Comunidad Latina survey. Talked about putting together a walking group for Spanish speakers based on the CHA results. Look at the disparities identified and see how they fit into the discussion. • In TRY, looking at the lack of opportunity for physical activity and where people feel comfortable exercising. People either felt comfortable exercising at home with a small group of people or exercising at church. Have healthy options at convenience stores and have exercise parties with like jump ropes at different places. Engage churches or other organizations to do this. • Proposing- figuring out where food is in our community- farms, restaurants, pantries, etc. Make sure that food is accessible not only in the physical sense. An assessment will be done. This will be done by Cooperative Extension. • We have also been having conversations with early childhood education centers on how we can help improve the environment at their sites and 	<p>Develop a timeline to look at the other two problems (do we overlap at all or just go one at a time)</p> <p>Next step- do the 5 whys at the beginning of the next meeting so we can identify the root cause of what we want to work on.</p> <p>Next time: Define the problem(s)</p> <ul style="list-style-type: none"> - What is the issue: Food access - Where are the gaps - Why <p>Others are welcome to join this meeting!</p> <p>August 27 10:30-11:30am</p>
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	<p>at congregate sites for young children to be active (health dept, food banks/distribution sites, etc.)</p> <ul style="list-style-type: none"> • There is GIS data from the City and County that show where we have food sites (convenience stores, grocery stores, etc.) • It was proposed to look at one of the three areas. <ul style="list-style-type: none"> ○ One issue- IIIIIII ○ All three issues ○ Start with one and get to all three before wrapping up with PANFA- Kimberly, Wanda, Adam • If focusing on one, which one? Food access 	
<p><i>Toolkit for Closing the Gaps – Step 2: who is already doing the work</i></p> <p><i>Kelly</i></p>	<p>With the problem statement defined.</p> <p>Begin list of organizations, neighborhoods, institutions, resources and people already doing the work.</p>	
<p><i>Once toolkits are complete</i></p>	<ul style="list-style-type: none"> - dissemination to specific committee - presenting to steering committee - question: where does information live? who can access it? - question: how often do we need to revisit? 	
<p><i>Announcements</i></p> <p><i>All</i></p>		
<p><i>Ongoing: Updates to Google Doc</i></p> <p><i>All</i></p>	<p>Using wins/opportunities from meeting icebreaker re: PHD, update google doc: <u>“Racial Equity Principles in Action”</u></p> <p>Any updates from other committee to be added?</p>	

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<i>PARKING LOT</i>	<ul style="list-style-type: none">✓ Increasing visibility. Creating a RE principles graphic for window/laptop decals or magnets (could be a QR Code that hyperlinks to RE Principles document or Partnership website)✓ What's goes into the Partnership Toolbox: i.e. customized SEAT questions for each committee to ask during meetings✓ Discuss approach to compiling problematic policies, procedures, and processes
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